

ISSUE

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14 August
2020

The Village Voice



Welcome to our village newsletter

These photographs of All Saints Church at Hawstead are from the village website – and if you're not familiar with the website, you'll find out all about it in this issue.

Also in this issue, we have lots of fantastic photographs that show off local harvesting in action. It's reassuring to witness these seasonal events, and we're lucky to do so as it provides some much-needed certainty in our current uncertain predicament.

As we announced in issue 8, the Village Voice will now be monthly. While this issue is later than I had planned, I hope to be able to get into a routine with upcoming issues. With that in mind, the next **deadline for submissions is 4 September**, although if you miss the deadline, send it in anyway and I will see if there is space. So please forward anything you'd like featured, especially your favourite tunes, to: anneng100@googlemail.com.

Message from Hawstead Parish Council

Hawstead Parish Council – a COVID update

I'm pleased to be able to report that your Parish Council has continued to operate successfully despite the many challenges brought about by Coronavirus. Although Zoom video conferencing was new to most of us, we have now held virtual Parish Council meetings on four occasions since lockdown. Your team of



Parish Councillors (Ros Alexander, Phil Baker, Penny Barham, Henry Brewis, Christabel Carr and Giles Rushen) deserve much credit for continuing to manage village affairs effectively throughout this crisis. The Parish Council meetings have been recorded and are on our website – www.hawsteadparishcouncil.co.uk.

Although few could have foreseen this global pandemic, once we became aware, early in the year, that Hawstead was likely to be affected, we began to consider what needed to be done. Fortunately, we already had an emergency plan in place, and it formed a good starting point. We appealed for volunteers, and within 24 hours more than 20 villagers stepped forward to provide a support network for those villagers who were self-isolating and/or unable to get help from their family or friends. The Hawstead Community Support Group was formed and has been a real help to many in the village. The Support Group holds weekly Zoom meetings to share what has been happening in their zone of the village and to discuss any issues that have arisen. It's important to say that all the volunteers have 'stuck with it' and have remained dedicated team members since the outset. Well done everyone!

We must also thank Susanne White and her family for setting up and overseeing the twice weekly deliveries of meat, bread and fresh fruit/vegetables to the village hall, ably assisted by Ali Bovill. This service proved such a great help to many in the village.

Another positive bonus from this difficult period is that we can now look forward to reading the Village Voice, our digital village newsletter. Big thanks to Anne East for initiating this and doing such a great job!

As I write this in August, some COVID restrictions are easing. However, be assured the work of the Community Support Group volunteers will continue for as long as necessary.

Looking ahead to the autumn and winter, we continue to hope for the best but plan for the worst.

John West

Raising funds for Macmillan

Sadly, the **Macmillan Coffee Morning has been cancelled** for this year (details of how to make a donation are in our Community messages section at the end of this issue). However, **Lesley Carey** has kindly decided to continue her tradition of **raffling off a celebration cake**, which she usually does at the event. The cake will be **an 8-inch round or square, iced and decorated fruit cake**

– **perfect for a birthday or Christmas**. If anyone has a specific celebration in mind, Lesley is happy to discuss the cake design in more detail.

Raffle tickets will be £1 each. If you would like to be in with a chance of winning a terrific, homemade, fully decorated celebration cake, you'll need to:

- Put your donation in an envelope.
- Write your name, email, telephone number and the number of tickets you would like to buy on the front of the envelope.
- Pop your envelope through the letterbox at the village hall, where it will be collected.

All money raised will go to Macmillan Cancer Support. Remember, there is **no limit on the number of tickets you can buy!** Alternatively, if you would love a celebration cake, please feel free to make a very generous offer and see what Lesley says!



Examples of some of Lesley's amazing cakes!

Suffolk Accident Rescue Service

A few issues ago, Amanda Brown highlighted the great work of the Suffolk Accident Rescue Service (SARS). Here, Gina Saunders, who works at the registered charity, shares a little more about the valuable service it provides and how you can get involved.



SARS is a voluntary emergency medical charity operational around Suffolk and its border areas. SARS volunteers are specialists in prehospital care, and include anaesthetists, consultants in emergency medicine and critical care paramedics. They carry equipment and drugs not normally found on frontline ambulances, and can undertake advanced procedures at the scene of an incident, which are not normally possible outside the hospital environment. These can be truly lifesaving interventions. Since 1972, SARS clinicians have helped thousands of patients and saved countless lives. **SARS receives no central government funding and relies on voluntary donations to support its work.**



Earlier this year, **SARS celebrated its 48th year of emergency medical responding** across Suffolk and the East of England. It passed this important milestone in the midst of one of the most challenging situations that we have faced in our long history. The **COVID-19 outbreak has had a significant impact across the**

region, and all its clinicians have been engaged in helping combat the virus. Once the threat of the virus became apparent, SARS took immediate steps to source additional PPE to protect the welfare of its clinicians and the patients they treat. SARS is very grateful to all the local councils, businesses and other groups who helped us achieve this objective.

Our second team vehicle SMED26 was launched at the start of August with the help of a grant from the HELP Appeal and the British Association of Immediate Care. The new vehicle is a Volvo XC90 and will add to our current team resource



SMED20. **The new rapid response vehicle is a vital bit of infrastructure**, and it will enable us to run more shifts, help more patients and increase the amount of coverage we are able to offer across Suffolk.

SARS is on course to respond to over 300 requests for critical care assistance across the region this year. In a significant number of these incidents, we will be the first medical resource on scene, a speed of response that is vital for time-critical patients and illustrates the benefit of our locally based critical care resources.

Our charity has **traditionally run on a relatively low level of income because of the generosity and commitment of our wonderful clinicians** who give up their time and provide their skills without charge. **This 'donation' of time equates to many hundreds of thousands of pounds each year**, and the benefit that SARS clinicians can bring to a patient in terms of life-saving interventions, relief from pain and quicker recovery times is immeasurable. The fact that clinicians continue to do this even in the midst of a pandemic is not only a testament to their bravery and commitment, but also a recognition of the benefit they know they can offer these critically ill patients.

There are lots of ways you can help support SARS

Hold a Fundraiser - Online Quiz, Bake Off, Challenge Event?

- There are many traditional fundraising events that can be run virtually or while maintaining social distancing. Your event could help raise vital funds to buy life-saving equipment.

Make a Donation or join the SARS 999 Club

- Donate to support our work or give a regular gift of £9.99 a month via our website and help us set up a new SARS responder every year: www.sars999.org.uk

Give Your Time – Do You Have the Skills to Help Us Grow?

- You don't need to be an anaesthetist to help SARS! We need help with PR, Marketing, IT, Graphic Design, Video, Social Media and a variety of other non-clinical but essential roles.

Join us on social media – follow us, like, share or retweet. Help raise awareness of our cause by promoting us to your social networks:



Alternatively, please take a look at our website for more information: www.sars999.org.uk or you can get in touch via email admin@sars999.org.uk or phone **01359 244186**



Registered charity number: 1168764

Thanks to Gina Saunders for content and photographs

Harvest time

Thanks to Judy Carter who has been very busy with the camera, taking these brilliant photographs of pea and hay harvesting in the field next to them – what great views!



Contributor: Judy Carter

Harvest time



Peekaboo! We see you Jessie!



Contributor: Judy Carter

History recording in Hawstead

If you weren't already aware, our village has a history recorder and who faithfully collates details and compiles reports about the village. You can find the reports on the Hawstead Parish Council website, and they really are fascinating and give a great insight into what's been going on in the village over the years.

Thanks to Andy Parrett, who has been Hawstead's history recorder since 2013, here, Andy tells us a bit more and includes some highlights from the 2019 report.



Each year the local History Recorder keeps track of what's been going on in the village (or tries to!) and, some time after the end of the year, prepares a 'review of the year'. It's been a bit delayed this year, but a document has now been produced for 2019 and is available to all via the village website.

Highlights:

- An oak tree sapling was planted opposite the Village Hall in honour of Angela Rushen, former villager and most recently, until her death, our Borough Councillor
- A path down to Hawstead Brook from Bells Lane was opened up and provided with finger-posts
- A second defibrillator for Hawstead was purchased and installed in the redundant phone box at Pinford End
- Villagers publicly protested at the cutting of our bus service into Bury St Edmunds in November
- A number of events were organised by the Community Council (e.g. Clive's It's Nearly Christmas Quiz Night), as well as the annual Fete and Produce Show
- A grant was secured for the majority of the cost of exploring the conservation needs of the large monument to Sir Thomas Cullum in the Chancel of All Saints Church
- A new volunteer group called the Jammie Dodgers was established to help with jobs around the village: one of the first tasks was to erect the Christmas tree at the Village Hall – an event followed by a 'lighting ceremony' topped off with mince pies and mulled wine
- Several events were laid on at Great War Huts, including being open for the National Heritage Days in September and a return visit by Robert Lloyd Parry for a reading of more ghost stories by M R James

- Work commenced in February towards the establishment of six 'glamping pods' in the field belonging to Maglia Rosso. They were in place by the middle of May, but further work on the site meant that they didn't come into use until near the end of the year.

History recording in Suffolk has been taking place for many years and is administered by a charity, Suffolk Local History Council. The purpose is to provide a contemporary record of life in Suffolk towns and villages for the benefit of future researchers: the annual reports composed by volunteer recorders are deposited in the branches of Suffolk Record Office. Copies of those concerning Hawstead since 1997 are available on the village website at:

<http://www.hawstead-parish-council.co.uk/documents/local-history-recorder-reports/>

A group of amazing Hawstead volunteers spread a new layer of tree bark over the play area of the Village Green in April



Contributor: Andy Parrett

Contact tracing

Lucy, who lives at The Pound, plays a crucial role as an NHS Contact Tracer. Here, she explains what she does and how contact tracing works.

I retired in March from the NHS after 37 years, just before lockdown commenced. I was planning to find some temporary work after the summer was over, but this role came up and I jumped at the chance. I am one of the 3,000 or so Tier 2 clinical contact tracers, and I was recruited by NHS Professionals, the organisation that supplies temporary staff to the NHS.

My role involves calling people from **0300 013 5000** who have tested positive for COVID-19, getting them to talk through who they've come into close contact with in the 2 days before exhibiting symptoms and 7 days afterwards – and feeding the details into the system. We have to walk them through where they have been and whom they met. We establish who is a close contact and who is a proximity contact, and then the close contacts are called to advise them that they need to self-isolate for 14 days. **We do not disclose who the person was who has COVID. We are all trained in data security and bound by codes of confidentiality due to our professional registration, and no information is shared out of the Test and Trace system.**

The biggest concern is that **NOT EVERYONE HAS SYMPTOMS, BUT THEY CAN STILL BE INFECTIOUS**. The most infectious period is 2 days before symptoms develop, so people don't know they could be spreading the virus. Acting quickly is essential, and if it is not convenient when we call, we can re-schedule for a more convenient time.

We record every contact: someone who has been in the same household as the person who has tested positive or has been within 2 metres of the person for at least 15 minutes.

Tier 1 is the managerial level, comprising Public Health England workers, to whom we refer any complex cases, non-responders and larger scale outbreaks of COVID-19.

We do not judge, but we do support and advise, and try to answer any queries people may have at this worrying time. If we can't answer a query, we can signpost people to further guidance and pass them to our team leaders to help.

Contrary to the news, **the system is very effective and the training constantly updated**. However, the service requires the co-operation of the public to minimise the risk of spreading COVID and keep the R rate down. We want to avoid going into further lockdown, so stay vigilant.



In total, since 28 May 2020:

- 1,639,722 new people have been tested for coronavirus
- 30,797 new people have tested positive for coronavirus
- 31,421 people had their case transferred to the contact tracing system, of whom 23,796 (75.7%) were reached and asked to provide details of their recent close contacts
- 144,501(85.1%) close contacts were reached and asked to self-isolate through the contact tracing system out of 169,863 people identified

The number you will be contacted on is **0300 013 5000**. So if you add it to your telephone's contacts, you'll know it is genuine if you receive a call.

For more information on the Test and Trace programme, please see <https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/>

For information about support and guidance about COVID-19, see <https://www.gov.uk/coronavirus>

Our thanks to Lucy for sharing this insight and for being involved in this vital service.

NHS facts

- The NHS (National Health Service) was launched on 5 July 1948. Before then, a health system did exist, but it was made up of a range of hospitals, including those that were voluntary, municipal right through to local cottage hospitals. The Second World War highlighted that the current system needed to change, and many hospitals were already struggling financially. *Source: <https://www.nuffieldtrust.org.uk/health-and-social-care-explained/the-history-of-the-nhs/>*
- Before the NHS, GPs played a crucial role in public healthcare (as they do now), but general practice only covered workers, not their families. A visit to the GP also cost money, which meant people only saw their GP when they really needed help. *Source: <https://www.nuffieldtrust.org.uk/health-and-social-care-explained/the-history-of-the-nhs/>*
- As of January 2020, 38% of hospital doctors qualified outside the UK. Half of them qualified in Asia, while 8% qualified in other EU countries. *Source: <https://commonslibrary.parliament.uk/research-briefings/cbp-7783/>*
- The first heart transplant took place on 3 May 1968 at the National Heart Hospital, Marylebone, London. *Source: <https://www.lhch.nhs.uk/media/5967/nhs70-facts.pdf>*

Hawstead village website

If you haven't already discovered it, Hawstead has its own website. It contains all sorts of useful local information – especially so if you're new to the village. Thanks to Andy Parrett who has taken the time to highlight the sort of information you can find: <http://www.hawstead-parish-council.co.uk/>

Whilst referring to the website, please note that although its name includes "Parish Council" – and, indeed, it is funded by the Parish Council – it is nevertheless a website for the whole village. The Home Page is devoted largely to news relevant to Hawstead. Elsewhere, though, you will find, for example:

- Hawstead Journal, 2002–18 (a few issues missing)
- Information about the Community Council
- Agenda for the next Parish Council meeting, plus Minutes from 2012 onwards; other documents relating to the Parish Council and links to Planning Applications submitted to the Borough Council
- Hawstead Parish Census Returns 1841–1911 (next year we should get those from 1921!)
- Information about Hawstead's Listed Buildings and Tree Preservation Orders
- The full text of a transcribed History of Hawstead by Sir John Cullum (2nd Ed. 1813)
- A descriptive booklet about All Saints Church, plus Baptism, Marriage and Burial records, and a Churchyard Survey carried out in 2013; also information about the 'hatchments' in the church
- Photographs and weblinks to more than a dozen local pubs
- A picture gallery with loads of sets of photographs concerning the village
- Descriptions with maps of eight (so far) local walks and five cycle rides

By the way: I am signed up to 'Google Alerts' and I receive emails when Google finds new Internet items with the word 'Hawstead'. I have found that there are roads elsewhere with the name 'Hawstead':

- Hawstead Lane, Chelsfield, North Kent
- Hawstead Road, Catford, just off Lewisham High St, A21
- Hawstead Place, North Vancouver, BC, Canada
- Hawstead Road, Winnipeg, Manitoba, Canada, (where in early July there was a 5-bed, 3-bath house for sale for \$409,900!)
- Hawstead Crescent, Whitby, Ontario, Canada (where in late July there was a 5-bed, 3-bath house for sale at \$939,000!)
- There's also Hawsteads Plantation, just north of Kirkby Stephen in Cumbria



Aerial view of Wepstead Road, Hawstead 2008



Aerial view of The Pound, 2008



Aerial view of Pinford End, 2008

**For more fabulous
photographs of
Hawstead and Hawstead
events, take a look at
[Hawstead Parish
Council/Picture Gallery](#)**

Just for kids

The summer holidays always go faster than anticipated, but if you find yourself at a loose end, here are some activities to keep everybody happy (and quiet).



What's On West Suffolk

This website sets out various activities happening in and around Bury St Edmunds – both for grown ups and kids. It lists events in local parks, as well as walks, museums, galleries and a host of other activities. Well worth a look if you're looking for something to do locally. <https://www.whatsonwestsuffolk.co.uk/>



Hunt for dinosaur fossils

Not literally, of course (not sure how many dinosaurs would have graced Suffolk back in the day?), but you could make your own by imprinting dinosaur shapes onto air drying clay and then paint (or not) and hide them in the garden. For more, take a look at Hobbycraft for 'how to' instructions and what you'll need:

<https://www.hobbycraft.co.uk/ideas/kids/how-to-make-air-dry-clay-dinosaur-fossils>

Riddles

Where can you find cities, shops and streets, but no people?

- A map.

What has a bottom at the top?

- Your legs.

Joke corner

What did the left eye say to the right eye?

- *Between us, something smells!*

When you look for something, why is it always in the last place you look?

- *Because when you find it, you stop looking!*

What's a witch's favourite subject at school?

- *Spelling!*

Recipe: Double choc chip cookies

Here's a fantastic recipe from Judy Carter for chocolate chip cookies (double chocolate no less!). The original recipe is by Mary Berry and, judging by the fact Judy says as soon as they're made, they disappear, they're clearly delicious!

Method

- 1) Preheat oven to 180°C/Gas 4. Line two baking trays with baking paper.
- 2) Place the butter and sugars in a mixing bowl and beat with a wooden spoon or electric mixer until soft and creamy. Gradually beat in the vanilla and egg until well combined.
- 3) Stir in the flour, cocoa powder and chocolate chips and mix to a soft dough. Roll the mixture into 16 golf-ball sized balls. The mixture will be a bit sticky, so chill for about 15 minutes before rolling if you have the time. Flatten each biscuit with the palm of your hand to about 5 mm thick. They will spread to about 8 cm wide, so make sure there is plenty of space between them on the trays to allow for the spread.
- 4) Bake the cookies for 12–15 minutes until brown. 12–13 minutes* will give softer cookies, 15 minutes will dry them out a bit more to make them crisper. Leave on the baking tray for 10 minutes before lifting onto a wire rack to cool.

Judy's tip: I bake for 13 minutes and find the centres are deliciously gooey!

Ingredients:

- 75g softened butter
- 75g golden caster sugar
- 75g light muscovado sugar
- Half tsp vanilla extract
- 1 egg
- 150g self-raising flour
- 25g cocoa powder
- 100g plain, milk or white chocolate chips



~~Desert-island~~ Village lockdown discs

Thank you to Judy Carter who shares her top tunes with us in this issue. If you haven't had a chance to think of a top 10, it's a fun exercise and actually a lot harder to pin down than you first think. Here are Judy's favourites in chronological order rather than preference.

1) **In the mood by Glenn Miller.** My parents had many LPs and I remember singing along to all the musicals of the 1950s and 1960s. They played a lot of classical music; my father loved Mozart, Tchaikovsky and Beethoven, but my abiding memory is this tune. It never fails to put me in a cheerful mood whenever I hear it, although I've never perfected The Lindy Hop dance! I guess it brought back wartime memories for them. Please take a minute to watch this fascinating clip from YouTube in black and white. The dancing by Fred Astaire and Ginger Rogers is a treat.

<https://www.youtube.com/watch?v=c2aqHGaSxRI>

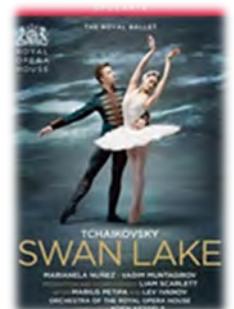
2) **Für Elise (Bagatelle No. 25 in a minor) by Ludwig van Beethoven.** I went to boarding school when I was 9 and remember the first dormitory I was in was above the music teacher's room. She played the piano what seemed like all evening, but many a night I was lulled to sleep by this. When I met David and he told me he played the piano, it was a delight to hear it 'live' again. One rendition worth watching is by Lang Lang; if for nothing else than his pure showmanship.

<https://www.youtube.com/watch?v=q5oSa4itomE>

3) **The Tracks of My Tears by Smokey Robinson and the Miracles.** A complete change here. The first LP I bought was Tamla Motown Chartbusters in 1965. My favourite track is this one. I still adore Tamla Motown music. <https://www.youtube.com/watch?v=rNS6D4hSQdA>

4) **The Dance of the Cygnets by Tchaikovsky.** Ballet has to feature here; the pleasure of a visit to The Royal Opera House is very special, but my lasting memory would have to be the first performance I saw, which was the 1967 film of Swan Lake featuring Rudolf Nureyev and Margot Fonteyn, simply amazing. <https://www.youtube.com/watch?v=0GsjWIF3ws>

5) **Brown Sugar by the Rolling Stones.** If you asked David what 'our song' was he would almost certainly say this one. We met in 1970 and we were always the first on the dance floor to this record. This track is from their Sticky Fingers album and was first introduced on Top of the Pops in 1971, although Mick Jagger wrote it in Alabama in 1969. As a side, I must mention that Mick Jagger has read me a bedtime story. He attended Dartford Grammar School in the late 1950s and was friends with my neighbour, who was asked to babysit for



me one evening. Needless to say, I have seen them in concert several times and I believe they have still got what it takes today! <https://www.youtube.com/watch?v=3B0Y3LUqr1Q>

- 6) **Saturday Night's Alright for Fighting by Elton John.** I think we have every Elton John CD and LP in our collection and he's still a favourite. To choose one song is very hard. After much indecision, I've decided on this one taken from his 1973 LP; just good old-fashioned raunchy rock n' roll! Someone else I've seen many times over the years, but sadly his live performances don't hit the spot with me nowadays!

<https://www.youtube.com/watch?v=26wEWSUUuUc>



- 7) **Three Little Birds (Don't Worry about a Thing) by Bob Marley and the Wailers.** Taken from their 1977 Exodus album, this tune never fails to make me feel carefree. It was tragic to lose him in his prime at the age of 36 in 1981.

<https://www.youtube.com/watch?v=ApAth15BXVc>



- 8) **Isn't She lovely by Stevie Wonder.** Our daughter, Victoria, was born in 1978 and on returning home from hospital David had bought me 'Songs in the Key of Life' by Stevie Wonder. He played this track to us, which was enough to melt anyone's heart.

<https://www.youtube.com/watch?v=9-n3Ydy7ras>



- 9) **The soundtrack to The Mission by Ennio Morricone.** Roland Joffe's 1986 film The Mission starring Jeremy Irons and Robert De Niro features one of the most haunting soundtracks by Ennio Morricone. I love it!

https://www.youtube.com/watch?v=oag1Dfa1e_E



- 10) **Castle on the Hill by Ed Sheeran.** As you can see, recent songs haven't featured very heavily, although I do love Ed Sheeran. Maybe it's something to do with living in Suffolk. Now we have been here for 10 years and appreciate the county enormously, this song about the castle in his home-town (Framlingham) would be my pick, released in 2017 on the same day as Shape of You. They entered the charts at #2 and #1. Quite some feat! <https://www.youtube.com/watch?v=7Qp5vcuMilk>



I've thoroughly enjoyed this indulgence. Thank you for giving me the opportunity!

Contributor: Judy Carter

Please send your 10 favourite pieces of music, together with the reasons why, to anneng100@googlemail.com

Quiz answers from issue 8

If you fancy setting a quiz or sharing riddles, please send your contributions to anneng100@googlemail.com.



1. Alan Turing was the genius at Bletchley Park where the German Enigma codes were cracked during World War II. He was regarded as the father of the computer because of his wartime work at Bletchley Park.
2. The shortest distance between England and France is 22 miles (Dover–Calais).
3. The four main provinces of Ireland are Munster, Leinster, Connaught and Ulster.
4. Guy Fawkes, Thomas Winter and Robert Catesby were three of the main plotters in the Gunpowder Plot.
5. The English coinage system before EU membership was based on pounds, shillings and pence.
6. The minimum number for a meeting is a quorum.
7. The motto of the Boy Scouts is Be Prepared.
8. William Shakespeare, William Wordsworth and Lord Byron were all poets.
9. The Russian currency is the Rouble.
10. A volcano in Sicily which is still active is Mount Etna.
11. The statue recently pulled down in Bristol was that of Edward Colston.
12. The American government bought the state of Alaska from Russia in 1867.
13. The pianist and composer Chopin was Polish, though he did live in France for a number of years.
14. Sir Walter Raleigh introduced tobacco and potatoes into Britain.
15. Origin of the word POSH. When British passengers were sailing to India, the smart ones would choose a cabin on the port side of the ship so as to avoid the sun. Similarly, on the return voyage to England, they would choose a cabin on the starboard side. In time, having a cabin on the PORT side for the voyage OUT and a cabin on the STARBOARD side on the voyage HOME was abbreviated to the word “posh” (port outward, starboard home).

Community Messages & Notices

Village walks

Andy Parrett has kindly advised that the village website has been updated to include the various walks that featured in earlier issues of the Village Voice. As well as these, there are some additional walks based in nearby villages (Whepstead, Chedburgh and Rede). Andy will be updating them as and when there is the opportunity.

You can also find cycle routes on the website:

- [Hawstead Parish Council/Leisure time/walking & running](#)
- [Hawstead Parish Council/Leisure time/cycling](#)

Cancelled: Macmillan coffee morning

With regret, due to the uncertain circumstances of the coronavirus, we have **decided to postpone the Macmillan Coffee Morning until 2021**, just to be safe.

It would be sad to see the charity missing out completely, so **if you feel you would like to send a donation**, no matter how small, **would you be kind enough to make a cheque out to Macmillan Cancer Support** and forward it to me at Old Forge Cottage, Hawstead, IP29 5NP telephone 01284 386314 by 2nd October 2020, which would have been the date we were going to hold the coffee morning.

Thank you for your understanding and your continued support.

Joyce Dainty

Calling all jam makers!

Geraldine West has lots of jars that would be suitable for jam making. Geraldine has kindly offered to deliver them as well if any keen jam or chutney makers need them. They are similar to this, with a height of 12.5cm (including the lid).



Email:

Geraldinewest@waitrose.com

Hawstead Village Hall

Hawstead Village Hall is now available to hire for COVID-secure events. Please contact

bookings@hawsteadvillagehall.co.uk if you have any enquiries or requests.

Please **do not use the village hall car park as overflow personal parking at any time.**

You can find out more about the village hall from its website: <https://www.hawsteadvillagehall.co.uk/>

Community Services

Hawstead Volunteer Group

Our team of volunteers remains active and able to help. Please call upon a member should you have any problems.

Hawstead Play Areas – Open since Saturday 4 July

We are happy to report that our village play areas have been open since Saturday 4 July in accordance with the guidelines published on the Government's website. Our priority now is to **minimise any risk of spreading disease**.

While the virus dies more quickly outside because of the action of rain and sunlight, it can still remain on hard surfaces for a number of hours. **Please bring your own hand sanitiser and antiseptic wipes with you**. Remember to **wash hands when you get home**.

Pieces of equipment in the playground, including individual swings, are well spaced, and we don't anticipate the need for a one-way system. But we have taped off the central swing in the group of three metal swings in the far corner of the green to maintain social distancing.

Please use your discretion and keep to your own social 'bubble'. Children from different households should not be **mixing**. We will continue to monitor its use over the coming weeks. So long as families are seen to be behaving responsibly, it will remain open, subject to Government guidance.

Medication

- **Angel Hill Surgery** – A villager is happy to bring your medication to the village hall or your local Hawstead community volunteer. If you'd like this service, please contact Susanne White:
susanne@pamplin.me.uk
- **Victoria Surgery** – If you're elderly or self-isolating and need your medication delivered, please contact the surgery's dispensary team between 2pm and 6pm on 01284 725550.
- **Village volunteers can also collect your medication from any surgery in Bury St Edmunds**. Please contact them direct.

Sicklesmere Stores

For anyone who was not aware, the Sicklesmere Stores have been flooded. A Go Fund Me page has been set up to help get Caroline and Daryn get back on their feet. Should you wish (and are able) to donate, go to:
<https://www.gofundme.com/f/raising-money-for-village-shop-back-in-business> In the meantime, the shop is still delivering newspapers.



Community Services

Church services

You can now attend most churches BUT must wear face coverings (unless exempt) and cannot sing! You will need to register your attendance either beforehand or on entry. Please contact the relevant church to ensure you follow their guidelines. Many churches are still offering virtual services.

To find out more, go to the **St Edmund Way** Facebook page which can be found at:

www.facebook.com/stedmundway. If you would like to speak with Rev Jeremy Parsons, you can contact him at: Tel: 01284 846166 Email: rector@stedmundway.uk

St Edmundsbury Cathedral – Go to stedscathedral.org/worship for direct links.

St Edmunds Catholic Church

Watch Mass online at

www.stedmundkm.org.uk/events/live-streaming-mass.php Now open for private prayer.

Emergency local trades

- Justin Mayes – plumber (emergencies only), tel: 07825 325584.
- The Clean Plumber – plumber (emergencies only), tel: 01284 765453 www.thecleanplumber.co.uk
- Kevin Seggie – electrician (emergencies only) tel: 01284 830786, 07768 108157.

Bike repair scheme

The government has launched its Fix Your Bike scheme. The scheme offers £50 towards the repair or servicing of a bike. The intention is to promote active travel by bringing unused bikes back into service. The scheme is open now and you can apply for your voucher at:

<https://fixyourbikevoucherscheme.est.org.uk/>.

Vouchers can only be redeemed at registered businesses, of which Maglia Rosso in the village is one.

Fish home delivery

Prompt and professional home delivery service from

<https://marrfish.co.uk>.

Keep supporting those who supported us

Do remember the following local businesses that kept us going through the Spring...

Marksman – you can still order direct to home

The Friendly Loaf – order online or pop into their bakery in Nowton

Eric's Prime Cuts – order and pay by phone, collect yourself

The Village Voice is now monthly

If you would like to see anything featured or have something to submit, please send requests, comments and submissions to anneng100@googlemail.com by **4 September 2020**.