# HAWSTEAD JOURNAL

Editor: Janet Watson

## ELECTION RESULT!



No not that one...

### **Election of Parish Councillors for Hawstead**

#### Return of Result of Uncontested Election

Six of our seven parish councillors have stepped forward to stand again and they have been duly re-elected as Hawstead councillors for a further four-year term. This followed an uncontested election in Hawstead and the result was announced by the returning officer on 9th April 2015. Our re-elected councillors are Ros Alexander, Christabel Carr, Henry Brewis, Michael Harrison, Clive Robinson and John West.

There is a great deal of information about the work of our parish council on the village website, please have a look (see address below). Or, better still, come along in person to any meeting. The next one, which includes the Hawstead Annual Parish Meeting, will be held on 21 May 2015 at 7pm in the village hall. Everyone will be warmly welcome.



I'd like to take this opportunity to sincerely thank Jayne Robertson, pictured left, who has stood down from the Parish Council after serving with distinction for the last four years, for all of her hard work and wise counsel.

John West Chairman, Hawstead Parish Council

#### CHURCH SERVICES - HAWSTEAD UNLESS OTHERWISE STATED

#### May

Sunday, 10th	8.30am	Said Eucharist
Sunday, 24th	11.00am	Morning Worship
Sunday, 31st	10.30am	Benefice Service

#### June

Sunday, 14th	8.30am	Said Eucharist
Sunday, 28th	11am	Morning Worship

## OPEN GARDEN AT CHURCH FARM HOUSE

#### Saturday, 9 May from 2pm

Cream teas, plant stall, games and raffle.

In aid of All Saints Church, Hawstead.

Lesley Carey





## SATURDAY 27 JUNE, 6PM ONWARDS HAWSTEAD VILLAGE HALL

Sausages, Chicken and Burgers (with veggie alternatives) with Salads and Bread, including a cool glass of Pimms (or non-alcoholic alternative)

## Licensed Bar • Music

Tickets: Adult £6 • Child (12 and under) £3

For tickets contact Jo Butt on joandstevebutt@yahoo.co.uk or 01284 388817

All bookings by Thursday 25 June please



#### HAWSTEAD FINE ART FAIR, 5 - 12 AUGUST 2015

With the kind support of Hawstead Community Council, a Fine Art Fair celebrating painting, drawing, photography and sculpture by amateur and professional artists aged 16 and over will be held in Hawstead Village Hall this summer.

After expenses, all profits from exhibitors' fees and a 20% commission on sales will be donated to The Prince's Foundation for Children and the Arts, a UK-wide charity working to introduce children and young people from areas of social and economic deprivation to inspirational and potentially life-changing arts experiences.



Face Britain Photograph: The Prince's Foundation for Children & the Arts

If you are interested in taking part, please get in touch for further information and a submission form. Contact Bill Crockford on 01284 388467 (margbillc@btinternet.com) or Janet Watson on 01284 388030 (janet@peninsulafilms.com).



#### SMITHS ROW

Smiths Row is a contemporary art gallery in Bury St Edmunds, currently located at Market Cross on the first floor of an elegant Grade 1 listed building that was originally designed as a theatre in the 1770s. The gallery curates a rolling programme of exhibitions and public art projects, supported by a range of tours, talks and workshops, and provides an opportunity to see new work by up-and-coming artists, alongside that by more established names. Admission to all exhibitions is free of charge. The Craft Shop is also worth a visit, where you can see and buy a range of contemporary British craft, starting at very affordable prices, including ceramics, jewellery, textiles and prints, alongside artist-designed cards and wrapping paper.

Smiths Row Open is on now until 9 May, showcasing the work of artists and makers from Suffolk, Norfolk, Cambridgeshire and Essex. This will be followed by What Cannot Be Contained, a group exhibition that offers three different propositions towards an understanding of contemporary painting (21 May to 4 July). Do call in and take a look next time you're in Bury St Edmunds.

## CLIVE'S' QUIZ NIGHT

On Saturday, 14 March a packed Village Hall enjoyed a very fun-filled Quiz Night with Quiz Master Clive Robinson. A wide range of mostly general knowledge questions tested our brains, including some sections on local Suffolk knowledge and the Highway Code. The results were pretty close but the quiz was eventually won by a team led by Simon Miller and his U3A colleagues. During the evening we enjoyed sumptuous fish and chips kindly collected for us by Susanne White and Hannah. Thank you Clive for a smashing evening. We look forward to another one!

## Rosemary Harrison









Cleaner required at Stanningfield, fortnightly for three hours. Please contact Dicke Colson on Tel. 01284 828251.

#### HAWSTEAD'S DEFIBRILLATOR

On Saturday, 23 May at 10.30am we will be holding an event to welcome and publicise the arrival of the Community Public Access Defibrillator (cPAD) shortly to be installed at the Village Hall. The Community Heartbeat Trust, which has supplied the defibrillator, the East of England Ambulance Service and the East Anglian Air Ambulance, which will be involved should an emergency arise, will all be represented. Councillors from Suffolk County Council and St Edmundsbury, plus our local police officer, have all been invited and of course our Parish and Community Councillors will be there. Those who have supported the defibrillator with generous donations have also been invited.



We do hope that you too will come along. You will have an opportunity to find out about the defibrillator and to ask any questions that you may have, as well as enjoy coffee and cake.

On Thursday, 18 June at 7.30pm we will be holding a defibrillator awareness event, hosted by Martin Render from the Community Heartbeat Trust.

Training is not required as the defibrillator has clear video and audio instructions enabling anyone, without prior knowledge, to carry out defibrillation. However, in any emergency situation it is of course helpful to know beforehand exactly what needs to be done. So please let me know if you would like to come along. Thank you.

#### Geraldine West

Tel. 01284 399832 / email. geraldinewest@waitrose.com

#### OUR VILLAGE FETE NEEDS YOU!

At 7pm on Wednesday, 10 June at Hawstead Village Hall we'll be having an informal meeting about this year's village fete. All villagers are invited to come along and share their knowledge and experiences of village fetes past and to help us to organise this year's event on Sunday, 6 September. Tea/coffee and biscuits will be served - please do come along.

Contact Susanne White on Tel. 01284 388166 or susanne@jspubs.com for more information.

#### PIPER ENSEMBLE CONCERT - SUNDAY, 19 APRIL

Thank you to everyone who helped, or came and joined the audience at our concert in the Village Hall. As a result of your generosity I am about to send almost £500 to the Teenage Cancer Trust. We hope you enjoyed the programme. We are always looking for new interesting pieces to play and welcome suggestions in advance of our next event!

Many thanks,

The Piper Ensemble

(Fran Evershed, flute; Ros Alexander, cello; Jo Ward, oboe/cor anglais; Polly Anderson, keyboard)





#### VILLAGE VEG

Our vegetables are growing well and we expect to start delivering towards the end of May or early June. Anyone who has expressed an interest in this scheme will be sent more details in a few weeks' time. All produce is grown by us in Hawstead.

Very Fresh - Very Local - No Food Miles

Andy and Fran Evershed
Tel. 01284 386501 / email. evershed1@tiscali.co.uk

#### FREE TO A GOOD HOME!

Thinking of doing some home winemaking? Already make your own wine but would like to expand? I have a dozen glass gallon demi-johns languishing and would be delighted to pass them on for further use rather than putting them in the recycling bin! I also have copies of Chambers Encyclopaedia (1959, plus supplements) and Encyclopaedia Britannica (1974) going free if you've got bookshelves which need filling up. Contact Andy Parrett, Tel. 386531.



#### HEDGEHOG SURVEY

As you may already have seen for yourselves, hedgehogs are now waking up and the Suffolk Wildlife Trust is getting ready for another year of action for hedgehogs in our towns and countryside.



Their 2014 campaign to record hedgehog sightings was one of the largest localised hedgehog surveys in the country, with more than 8,000 records submitted. They are looking to build on this in 2015. Of particular importance this year is information about road kills. Last year, survey participants recorded more than 1,300 hedgehog road kills in Suffolk alone – sadly this is significantly higher than was previously thought. By continuing to collect this information in 2015 and beyond the Trust can begin to see if there are any hot spots for road deaths, both in terms of the time of year and location, and if high road kill numbers represent strong populations near to where they are recorded.

They also need to continue to collect live sightings of hedgehogs. You can log both dead and live sightings on the website (you only need tell them an approximation of the earliest date you saw the hedgehog rather than record every sighting if you are regularly seeing them in the same place – although another record at the end of the season with a summary of activity would be useful). If you are unable to log your sighting online, please call 01473 890089 where staff will be happy to take the details for you.

Alongside the survey The Suffolk Wildlife Trust will be looking at areas of the county that have recorded good numbers in order to direct on-the-ground conservation advice to communities and individuals. Joined up landscapes are better for hedgehogs so simply creating a small hole under a fence or leaving plenty of nesting material in your garden really can make all the difference. Please take a look at the advice on the website to help make your garden and local green spaces more hedgehog friendly.

To record a hedgehog sighting please visit www.suffolkwildlifetrust.org/hedgehogs.



#### HAWSTEAD OPEN GARDENS - 12 IUNE 2016

We will be holding another open gardens event next year, giving you plenty of time to grow lots of colourful and interesting plants and to get your gardens into shape for this very enjoyable event. As always proceeds will go to charity so please let me know if you would like to nominate a favourite charity to benefit from this event. Here are some June flowering perennials that you might like to consider if you are thinking about opening your garden next year and have some bare patches:





Lupins









Lavender

Echinacea

Geraniums

Shasta Dalsy

Daisy Delphiniums

Geraldine West Tel. 388732 / email. geraldinewest@waitrose.com



#### A TASTE OF INDIA IN HAWSTEAD

Our second Hawstead Indian Supper on Saturday, 25 April was again well supported and a great success. With catering by award-winning Bury restaurant, Valley Connection, nearly 60 villagers and friends came together for a fantastic evening of culinary delights. After a starter of papadoms, onlon bhajee and chicken tikka, we were served chicken tikka koral, vegetable kuptha, bombay potato and pilau rice. A very enjoyable evening ended with a raffle, together with tea /coffee and mints and a leisurely chat between friends.







In addition to the delicious food, the hall was transformed, cleverly decorated with wall hangings, fairy lights and saris draping across the beamed ceiling to create an exotic flavour of South Asia.



A big thank you to Susanne White for organising the event, and thanks too to her team of able volunteers for their hard work on Saturday morning setting up the hall, then taking it all down again the next day – Chris, Hannah and Benjamin Pamplin, Jo and Steve Butt, Emma and Dan Hatton and Nikki Browne.

This was a community event part-funded by Hawstead Community Council.

#### VOLUNTEER/S NEEDED TO PRODUCE TWO EDITIONS OF THE JOURNAL IN 2015

Assistance will be provided when possible. And/or if you would like to sponsor the Journal for one edition, please contact Judy or David Carter, Tel. 01284 386512 / judy@mmgd.co.uk.

The Hawstead Journal was sponsored this month by Janet (Watson) and Andy Taplin of 'Fyletts Barn', The Green.

#### KIDS EASTER CRAFT DAY

This years Easter Craft Day for the Children was held in the Village Hall on Monday, 30 March. We had seven children come along and take part in some fun Easter crafts. These included making homemade needlework Easter cards, egg dyeing and baking, and decorating fruitcakes and cupcakes. Everybody had a lovely crafty day and got to take home some delicious cakes, beautifully crafted cards and pretty dyed eggs. A big thank you to all the ladies who helped out too.

We try and hold these craft days during the school holidays so if your children would like to come along and you're not on my mailing list, please get in touch with me, Jo Butt (details below). We're planning on having a couple of days in the summer holidays, dates to be confirmed. There will more details in the next Journal.





#### HAWSTEAD CRAFT GROUP

There will no meeting in May because of the Bank Holiday so the next meeting will be on Monday, 29 June. Everyone welcome and the hall will open between 10am and approx. 4pm so come along get crafty!

Jo Butt Tel. 388817 or email joandstevebutt@yahoo.co.uk

#### NEW BENCH FOR VILLAGE HALL



Some of you will have noticed we now have a projector screen mounted on the wall in the Village Hall. In addition, there is an attractive new circular bench sited outside on the patio. Both have been paid for with the Locality money received and distributed by Angela Rushen, our St Edmundsbury Borough Councillor (as mentioned in the previous Journal). Thanks go to her, and to Simon Miller for organising both these welcome additions to Hawstead.

#### HAWSTEAD READING GROUP

Our March meeting was held at Sonja Monk's and was well attended, including by the cat! Sonja supplied lovely biscuits and wine and we discussed Penny's choice, Elizabeth is Missing by Emma Healey. It's about elderly Maud who has lately become very forgetful and has to write notes to remind herself of things. However she is determined to discover what has happened to her friend Elizabeth and what it has to do with the unsolved disappearance of her sister Sukey just after the Second World War! Part detective story and part a haunting depiction of mental illness, a lively discussion ensued as some of us have family members who have suffered from dementia, and Suzie, as a GP, gave us an interesting insight into the condition. We mostly all enjoyed the book which is an impressive debut novel and has been shortlisted for several literary awards.

In April we met at Jo Butt's house. Jo had made lovely sausage rolls and biscuits but poor Ruby the dog was banished to the next room as she looked longingly at them! Again well attended, the meeting was to talk about Judy's choice of *Walking Home* by Clare Balding. Clare, on a mission to discover Britain and Ireland, has already covered 1,500 miles of footpaths from the Pennine Way to the South West Coast Path. In this book she is keen to get her whole family hooked by taking them on the 71-mile footpath that runs past their family stables at Kingsclere on the Hampshire Downs. Clare and her brother Andrew are particularly determined to conquer the Wayfarer's Walk – what could possibly go wrong?! Evolved from her Radio 4 series *Ramblings*, where she walks with historians, geologists, twitchers and botanists (to name but a few and who tell her things they never thought they would reveal), she also discusses the therapeutic value of walking. A departure from our normal fiction this is an engaging book that we all enjoyed.

Our next meeting will be at Suzie Surti's house at 7.30 pm on Wednesday 6th May where we shall be discussing The Shoemaker's Wife by Adriana Trigliani.

Ann Gibbs

## HAWSTEAD APPRECIATION AND TASTING SOCIETY (HATS)

Both February and March meetings were well attended. 'Off the Beaten Track' in February included wines (as might have been expected) from unusual countries or uncommon grapes. The wine receiving the most points was from India, a Sauvignon Blanc from the Nasika Valley, which is apparently known as India's wine capital. Our favourite red was from Sicily, a blend of three grapes from a vineyard located on the western slopes of Mount Etna; the winery being built, fittingly, from lava stone. Both these wines were purchased from Laithwaites. Our thanks go to Nikki and Lucy who did a superb job, particularly as this was their first presentation for us.

Bill and Margaret provided an interesting insight into Iberian Wines in March. Their presentation was prompted by a recent visit to Lisbon. We all agreed they had chosen some fine examples from Spain and Portugal, even though the wines had been purchased locally rather than on their holiday. There was a fine array of nibbles to accompany the most recognisable Vinho Verde and Tempranillo grapes, as well as some lesser-known varieties. It was yet another example of not having to pay top whack for a bottle of wine. One of our favourites was a £5.99 bottle from Aldil

Judy Carter

#### REGULAR EVENTS

Breathe Easy Weekly on Tuesdays 9.15 - 10.15am

Carpet Bowls Weekly on Tuesdays 7.30pm

Reading Group First Wednesday of the month 7.30pm (in members' homes)

HATS Wine Club Last Thursday of the month 8.00pm
Hawstead Craft Group Last Monday of the month 10am - 4pm

Hawstead Oil Buying Group Orders placed at the end of each month (contact Jacquie Milns

Tel. 01359 233143 / email. richardmilns@gmail.com)

#### HAWSTEAD PARISH COUNCIL MEETING DATES

Everyone is warmly welcome to attend; in fact you are positively encouraged to come! Meetings held bi-monthly in the Village Hall (unless otherwise stated) on the third Thursday of the month at 7.30pm. Dates arranged in 2015 are: 21 May, 16 July, 17 September, and 19 November.

#### FORTHCOMING DATES FOR YOUR DIARY

9 May Open Garden at Church Farm House from 2pm 23 May Introduction to the Defibrillator at 10.30am 18 June Defibrillator Awareness Event at 7.30pm

27 June Hawstead Village BBQ from 6pm onwards (see information on page 2) 18 July Blackheart Music Night from 7.30pm (see information on page 8)

5 to 12 August Hawstead Fine Art Fair 6 September Hawstead Village Fete 3 October Macmillan Coffee Morning

28 December Pantomime at The Theatre Royal (Jack and the Beanstalk)

Please put this date in your diary if you would like to come along. As always,

Hawstead's children will be paid for by the Community Council.

#### BREATHE EASY

Breathe Easy combines Tai Chi, Yoga and Pilates and aims to help our minds as well as our bodies to function effectively. Our instructor, Sam Reid, has been teaching for over 25 years and loves delivering these positive classes. Just bring an exercise mat and wear comfortable clothing. All ages and abilities are warmly welcomed. One-hour classes costing £5 are held weekly on Tuesday mornings in the Village Hall at 9.15am.



Contact Sam on Tel. 07850 207365 / email. sam@yourfitness.net for further details.