

Letter from the Editor

Another journal is complete for another month!
I am looking forward to going to the printers with Brian this month to see exactly how the Journal is put together, as this is an area that really interests me and will be good experience.
Thanks to every one who has contributed during the past two months.
H.j.D

**The editor for the next issue will be Andy Parrett Tel 386531
All items for inclusion in the next Journal would be appreciated
by Friday 20th June. (HjD)**

Hawstead Bus Timetable Please Note the CHANGES

MONDAY TO FRIDAY

Hawstead Green	0803	1020	1438
Nowton, Low Green	0808	1032	1450
BSE Bus Station	0815	1039	1457

SATURDAY

Hawstead Green	0803	1103	1453
Nowton, Low Green	0808	1108	1458
BSE Bus Station	0815	1115	1505

RETURN JOURNEY

MONDAY TO FRIDAY

BSE Bus Station	1300	1630	1745
Hawstead Green	1257	1642	1757

SATURDAY

1320	1715
1332	1727

FOR SALE

Fridge-Ex Village Hall, now only £15.

This is a bargain. Don't be left out in the cold, snap this bargain up before the price goes up. Quickly phone Sonja on 386876.

Supported by Cecil & Larter Ltd
Bury Road, Horringer
Bury St Edmunds Suffolk
Tel: 01284 735856
www.cecilandlarter.co.uk

Printed by CandLe  Marketing Tel 01284 735177

Editor: Hannah Dawson



Hawstead Journal

For the Village by the Village

Volume 2, June 2003

Hawstead Parish Council

THE ANNUAL GENERAL MEETING

The Annual Meeting of the Parish Council (the first since this year's local elections) took place at the Metcalfe Arms on the 15th May 2003. Mr John Holdway was elected Chairman and Mr David Dawson appointed Vice Chairman for the ensuing year and our new Councillor Mr Malcolm Cornwell, was given a warm welcome.

The Council was told that Mr Brian Kew no longer wished to continue as honorary Parish Tree Warden in view of the lack of voluntary support to his work in preserving existing trees and the planting of new ones to meet the requirements of the Forestry Commission and to make Hawstead's appearance even more beautiful. He was eventually persuaded to continue in a supervisory capacity, with Mr Cornwell offering to look after the storage of new trees supplied by the Borough Council and provided more voluntary help was forthcoming from the Community.

THE ANNUAL PARISH MEETING

A week later, we held the Annual Parish Meeting in the church because we now have no Village Hall. This is the one occasion in the year giving members of the public the opportunity to question their elected representatives at Parish, Borough and County level, speak and express their views on any Parish matter, hear the reports of the Parish Council, Village organisations like the Community Council, the Parochial Church Council and the Almshouse Trust as well as the Community Beat Officer. Sadly however, the attendance of local electors, especially newcomers to the village was extremely disappointing.

Robin Whitfield

Parish Clerk

Hawstead Community Council

ANNUAL GENERAL MEETING Thursday 26th June 2003 at 7.30pm Hawstead Church

A full agenda will be posted on the village notice board on the green. This does include the election of the executive committee for the coming year. Any persons wishing re-election or to be newly elected (we are currently looking to fill the post of treasurer as Sandy Dawson will be retiring from this post after many years), should give their name to the secretary Margaret Crockford, Pound Cottage by the 19th June.

To entertain you on this evening we are planning a slide show of village interest including the raising of the present hall. We have already tracked down a number of excellent slides. If anyone should have any slides or photographs that would be of interest, could we please use them?
Looking forward to seeing you there.

HALL SHOOK UP

Before we know it the Fete and flower show will be looming, How do we do it without a hall? It has been done before so it can be done again!!

We shall be having our first fete planning meeting soon, so if there is anyone out there who was involved in pre- village hall days you might like to give us the benefit of your experience. **Watch this space!!**

Sonja Monk 386876

*The Hawstead Cream Tea
Sunday 29th June
Mill Post Farm at 2pm----*

By kind permission of Les and Phyllis Pettitt of Mill Post Farm, there will be a Sunday afternoon tea in their garden or in the barn if wet.

Come if you can and enjoy the lovely countryside.

We have never taken any money at this event in the past, but this time we will invite a small voluntary contribution.

(In aid of the Hawstead Community Council)

Offers of cakes would be very welcome.

Village Greens Report 2002-2003

THE GREEN

We now have completed five years of our ten-year agreement with Countryside Stewardship Scheme for Hawstead Village Green and we have had our grant increased to £804 towards the maintenance of the green.

The village green was harrowed in March and will be cut for hay later in the year. Recently there has been a path cut around the perimeter.

To encourage the older children to use the green for recreation – half the football pitch will also be kept short.

MILLENNIUM FIELD

Dorothy Casey from Suffolk Wildlife Trust met up with some of the Parish Councillors in February and spoke about ways to manage the field. At present, half the field has been left to grow and encourage the re-growth of wild flowers. To make the other half of the field look more inviting we decided to keep this area cut to a shorter length.

POUND GREEN

The car parking at the Pound has been modified and meets the needs of the residents in the Almshouses and all those who live in the vicinity and passers by.

BROOK GREEN

In November there was a spot check at Brook Green by the Forestry Commission's Agent – as we have heard nothing from him we assume everything is as it should be.

BULL GREEN

Bull Green is in good order.



Courtesy of
The Daily Telegraph
04-06-2003

Dave Dawson, Greens Warden
Tel:01284 386682

All Saints Church- Hawstead Services

All Saints Church – Hawstead. **SERVICES**

June 2003

Sunday 8 th	8.30am	Said Eucharist (BCP)
Sunday 22 nd	11.00am	Parish Eucharist
Sunday 29 th St Peters Nowton	10.30am	Benefice Eucharist

July 2003

Sunday 13 th	8.30am	Said Eucharist (BCP)
Sunday 27 th	11.00am	Parish Eucharist

For all other Services in the Benefice please see the Church Notice Board

For the Record

On the morning of the 6 June 2003, it was reported that a hedgerow at the upper end of Bull Lane was dramatically felled. Although there are no legal restrictions regarding this practice at this time of year, it has to be considered how many fledglings and birds' nests were destroyed.

There is a voluntary closed season for 'trimming' hedges, between March and July. It may be worth considering that the demise of songbirds and sparrows etc., should not be blamed on cats, magpies or hedgehogs but on the unsympathetic management of nesting sites of these very susceptible species which are now in jeopardy. B.K.

Thought For The Month

Maturity has more to do with the types of experiences you've had and what you've learned from them, and less to do with how many birthdays you've celebrated!

HjD

Hawstead Big Belly Reduction Group

An uphill effort for all but one member this month. Only one member however, had to pay a penalty. He did not put weight on but alas, did not lose any, the third week in a row.

Driven by hunger he fuelled his spare tyre instead of getting to the hub of the matter. Speeding up the fat lane on the road to ruin, he duly paid his fixed penalty. Cheers. (Even Mr Smug lost his smugness this month.)

Elder Tree Folk Lore

Elder (*Sambucus nigra*) is a small deciduous tree or large shrub. In Summer it is covered with flat, filmy heads of creamy-white flowers which are soon followed by sprays of small shiny berries that turn from green to bright red, then to purple and jet black. It is part of the folklore of a number of countries. The Anglo-Saxons called it Eldrun, which later became Hyldor and Hyllan tree. It belongs to the Caprifoliaceae family.

Danish legend connected this tree with magic, believing that in the branches dwelt a dryad, Hylde-Moer, the Eldertree Mother and that if one stood under the tree on Midsummer Eve one would see the King of Fairyland and all his train ride by.

Russian peasants said that the compassionate spirit of the elder would drive away evil and also give long life. The Sicilians thought that sticks made of its wood killed serpents and drove away robbers; and in England it was held that the elder was never struck by lightning.

Elderflower Cordial

This is a recipe from South Somerset and is a real thirst quencher. It can be frozen into small, plastic ice cube bags which ensure an exact quantity and a Winter supply to help fend off the colds.

3 pints (1.75 ltrs) water	2 oz (50 g) tartaric acid
3 lb (1.5 kg) brown sugar	4 oranges sliced
25 elderflower heads	1 lemon sliced

Place everything in a bucket and leave for 24 hours.
Strain. Bottle or freeze.

Dilute to taste. What could be easier?

JK



The Giant Plant Sale 2003

Well Done Everyone



*Not just a Plant Sale
- it's a social gathering too!*

The morning of the plant sale dawned at last, a bit watery looking, however the sun came out and the rain held off until we had cleaned away. This was our first attempt at a plant sale. We gained a lot of experience and if we do it again next year we shall be all the more wiser!!

So many people were involved with this venture. On behalf of the village I must thank everyone who made up signs, nurtured plants, supplied flower-pots, moved equipment and plants, made cakes, supplied marmalade, and donated seeds and plants and in particular Joan Cook whose idea this was. Also, to Christopher Brown for allowing us to use the space at Church Farm and Jo Butt who amazingly potted up so many plants and was an inspiration to us all.

Thank you, everyone who came along to buy plants. Without you it would have been a waste of time and energy; in fact it turned out to be a most enjoyable experience. I wonder if Jo would agree? She is glad to have her garden back to normal again!!

The amount of money raised will in excess of £450.

Very well done everyone.

S.M.



*Good to start them young!
Amanda & Matthew*



*Thanks to
the willing
workers!*



Decisions, decisions!



The Weather Report -

April Summary



Anti-cyclonic conditions dominated the period between the 4th-25th giving weather more familiar to continental Europe than the Atlantic seaboard. It was dry with large ranges of diurnal temperature, extremely from 6 °C(20.5 F) to 25.6°C (78 F). This was one of the largest monthly ranges of temperature recorded at this station.

Atlantic weather fronts introduced S.W. winds on the 26th and brought breezy showery, rather warm days.

The average temperature for the month was 9.2 °C (48.5F). This was 1°C (1.7F) above the mean figure.

Average daily maxima, 15.3°C (59.5 F) were well above normal. This figure has been exceeded only once, in 1987. By contrast average daily minima were rather below normal. There were 8 air frosts. Rainfall, 22.5mm (0.9") similarly to last month was 50% of the mean figure.

May – 21st

Atlantic weather fronts have dominated May's weather to date. However, between the 4th and the 11th it was dry with long spells of sunshine and daily maxima above normal; (21.4°C, 70 F, on the 4th). The main feature of the month apart from this one week has been fresh breezes, frequent spells of rain, rumbles of thunder and brief sunny intervals. The kind of weather we "should" suffer in April.

Night temperatures have generally been close to 6 °C (43 F) but there was a light frost on the 15th, hopefully the last one of the season. GDH

Heard In Hawstead

A woman walked into the kitchen to find her husband stalking around with a fly swatter. "What are you doing?" she asked.

"Hunting flies" he responded. "Oh! Killing any?" she asked.

"Yep, 3 males and 2 females", he replied.

Intrigued, she asked, "How can you tell?"

"3 were on a beer can and 2 were on the phone".

Castaway Top Ten

This month's Castaway is Gary Stokes from The Pound.

- | | | |
|--------------------------|----------------------|--|
| 1. Love in Vain | Rolling Stones | An old blues track |
| 2. Sunshine of Your Love | Cream | Memories of Deal, my home town |
| 3. Crossroads | Cream | Best band-probably! |
| 4. Whipping Post | Allman Brothers Band | Not heard for a long time |
| 5. Telegraph Road | Dire Straits | From an album, I know not which. |
| 6. A Town Called Malice | The Jam | Preferred-Paul Weller acoustic Version |
| 7. That's Entertainment | The Jam | Ditto |
| 8. Mainstreet | Bob Seger | Something from Bob I think |
| 9. Without You | Harry Nilsson | Copied many times but the best version by far. |
| and finally | | |
| 10. Angie | Rolling Stones | My all time favourite stones track. |

This was more difficult than I thought. What to leave out was a problem but I think the final ten (in no particular order) reflects the music I've enjoyed over the years. From school days in Deal to life in Surrey, Sussex and now Suffolk— memories of good times and some, fortunately not many, not so good.

Next Months Castaway is Brian Kew from Pinford End.

CONGRATULATIONS!

Elsa Kilpatrick was the lucky holder of Journal No 028. The Cecil & Larter Swedish crystal paper-weight in the form of an apple and signed by the artist will be presented shortly.

Thought Creates

The freedom to think must be one of the most important aspects of our lives. To be able to make our own decisions having thought things through with clarity and balance is a priority of a fruitful and fulfilling life span.

We do not have to surrender our thinking, thereby giving away our power by accepting other peoples' viewpoints in an unthinking fashion. The more freely we think the more we can help ourselves. This age of the Internet, mobile phones and instant communications enables us to express ourselves and interact with others on a vast scale but to make the best of these facilities we need clear thinking. This is something we all need to learn from an early age. Children need to be encouraged to mentally and verbally question, to search for answers, to become involved in dialogue, to think for themselves and not necessarily believe all that they are told, see or read but to form their own opinions.

Our early education at home and at school should help us to discover our talents and best qualities, so that the vocations we choose are in tune with our true nature. Life is a workshop and making mistakes is all part of discovering what we do best and are happiest doing. Many people are in vocations that do not suit them, which then brings unhappiness and discontent.

Having a barrier of restrictions around us makes us believe that we are ineffectual and leads to apathy, which does not serve us at a time when we could use our mental capabilities to such a high degree, and yet, suppression helps consciousness to grow: when we finally understand that there are restrictions all around us we rebel, and there is an explosion of conscious thought to move us forward into new ways.

It takes courage to think for ourselves and not to delegate our freedom of thought but to stand up for what we firmly believe in. Loving what we do and how we live, and loving ourselves, other people and maybe someone special to us, inspires us with confidence and can bring courage to think and act from our own understanding and beliefs.

S.T

CONGRATULATIONS

to Christabel, James and Imogen
on the birth of
Reuben Thomas James

Recipes

(COURTESY OF THE WEST SUFFOLK BEEKEEPERS ASSOCIATION)

Honey and Cherry Cake

200 g	(8 oz)	Self-raising flour
2		Eggs
100 g	(4 oz)	Chopped cherries
200 g	(8 oz)	Butter or margarine
200 g	(8 oz)	Honey
Pinch		of Salt

Cream butter/margarine/honey. Toss cherries in a little of the flour. Beat eggs well and add them alternately with sifted flour and salt to the creamed mixture. Finally fold in cherries. Bake well in a greased 7 inch to 7 and half an inch tin for three quarters to 1 hour in a moderate oven.

Honey Shortbread Biscuits

55 g	(2 oz)	Soft brown sugar
225 g	(8 oz)	Butter
55 g	(2 oz)	Honey
400 g	(14 oz)	Plain Flour



Cream butter and sugar together. Add honey gradually, work these into flour and knead lightly. Cut into round shapes and bake in a slow oven (300 degrees F) for approximately 25 minutes.

Letter of Complaint

Dear Sir

I went to that plant sale thing the other week. There were more plants there than at Wyedales. Under duress I bought some pansies, beans, tomatoes and fillodendiums.

I have just spent the last three weeks walking round my estate, trying to find a space to plant them. Why do people sell plants at this time of year, it's obvious there's no place to plant them?

Yours Morris