

Letter from the Editor

April is the spring cuckoo's month.

All Fool's Day, or the Hunt of the Gowk Day. On this ancient feast, of unknown origin, the most time honoured method of making 'April Fools' is to send them on pointless errands: articles much in request by victims include pigeons milk, striped paint, copies of The Life of Eve's Mother, elbow grease, hens teeth and a 'long stand'. Don't try it after twelve!!!!

Twelve o'clock is past and gone
You're the fool for making me one.



Easter falls during April in most years. Easter commemorates the resurrection of Christ, which took place at the Jewish Passover or 'Peasach' whence Easter is called Pascha in Latin. Since the Passover is a 'moveable' festival, connected with the first full moon of Spring, the date of Easter also varies considerably. Easter Day is always the first Sunday after the first Full Moon which happens next after the one and twentieth day of March, (the Spring equinox), and if the Full Moon happens on a Sunday, Easter Day is the Sunday after. Thus Easter may fall upon any of the thirty days between March the twenty second and April the twenty fifth, both inclusive.

The English name of Easter, ironically, perpetuates a pagan rather than a biblical festival of spring rebirth: that of the Anglo Saxon dawn goddess Eostra. Her sacred animal was apparently a hare, just possibly the ancestor of the 'Easter bunny'.

Sonja Monk

**The editor for the next issue will be Hannah Dawson Tel:386682
Hannah would appreciate all copy by the 20th April 2003**

Help Needed for Delivering The Journal

The areas not covered at present are:-

The Upper Whepstead Road, Lawshall Road & Pinford End.

If you can help it would be very much appreciated.

Contact Brian Kew on Tel: 386248

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**LUCKY BIRTHDAY
ISSUE NUMBER**
(See front for details)

020

Editor: Sonja Monk



**1st Birthday
Issue**

Hawstead Journal

For the Village by the Village

Volume 2, April 2003



Happy 1st Birthday Hawstead Journal!

It doesn't seem possible that the Journal has reached its first anniversary, but it has. Many people have been involved and their input has been paramount to its survival. Therefore thanks are in order for all the villagers who have contributed to the Journals content:-

To:- Those brave people who have taken on the Editorship.

To:- The delivery boys and girls.

To:- CandLe Marketing Services for their friendly help, urgency and professionalism in publishing the Journal.

To:- Peter Duffield who had the foresight to take up a good idea in recognising a need within our village and the negotiating skills to provide funding.

To:- Cecil & Larter the funders who generally ask no more than a few lines on the back page of each issue. Thank you Cecil & Larter.

Incidentally should you want a new car a Volvo may be for you and coincidentally, Cecil & Larter sell them, amazing! No more advertising- only that the Showroom is in Horringer. B.K.

Birthday Edition Lucky Number Draw

To celebrate the Hawstead Journal's 1st Birthday, Cecil & Larter are offering one lucky Journal reader a beautiful apple paperweight in Swedish hand-made crystal, signed by the artist.

All Journals this month carry a lucky number on the back page. The winning number will be the first drawn out of the hat in mid April and will be published in the May edition of the Hawstead Journal, so hang on to this copy and make sure you read next months edition to see if you are lucky!

B.K.

Hawstead Community Council

VILLAGE VOTES FOR NEW HALL

A big thank you to every one in the village who took part in the poll. As you can see from the figures we had a return of 60%. Local and National governments would be delighted if such a high proportion of voters turned out at elections! Of the votes cast 71% voted for a new hall and the Project Group feel that this gives them a clear mandate to seek funding from the Lottery Board and go ahead.

Number of Ballot papers distributed = **256**
Number of Ballot Papers returned = **153**
Percentage of village electorate voting = **60%**

Breakdown of Returns:

1. New Building	2. Repairs to £60k	3. Temporary repairs to £20k	4. Demolish & invest £60k	5. Papers returned blank	6. Total votes cast
109	22	17	3	2	153
71%	14%	11%	2%	1.5%	

Percentages Rounded. If anyone wishes to check the accuracy of the poll please Tel: 01284 386711.

Myths v. Facts

Myth: *We have had two grants from the lottery in the past so will not be eligible again.*

Fact: Not true! We have shown that we can use lottery money well and have been invited to apply for further grants. Each bid is decided on how well it is put together to meet the Lottery Board's criteria to provide ongoing services in a rural community.

Myth: *Our village is too small.*

Fact: Not true! Hawstead falls mid-way in terms of size. Villages both smaller and larger have received substantial lottery grants

Myth: *Once the existing hall is pulled down we will never have another one.*

Fact: Not true! The Parish and the Community Council are committed to providing the village with a modern community centre that provides facilities for *all* the village within two to three years.

HOW YOU CAN HELP

At the beginning of the month a questionnaire and information sheet was delivered to your home. It suggests activities and asks **YOU** to tick those that would interest you either as a participant or as a volunteer or paid helper.

Village Hall Vote continued :

Tick as many boxes as you like and add your own ideas too. The more people that return the questionnaire the more impressed the Lottery Board will be and that means **money**, so talk to your neighbours and friends and let us know what you want. We can't provide trips to the moon but there is much that by working together we can achieve!

GRAB THIS OPPORTUNITY AND WITH YOUR HELP WE CAN MAKE IT GOLDEN

Joan Cook

Parish Council

In the last issue reference was made to the large variety of plant species to be found on Hawstead Green and, with DEFRA'S agreement, this Green was harrowed in late February to encourage the wider growth of the rarer plants.

At the Parish Council meeting on the 20th March, it was reported that the Suffolk Wildlife Trust had done their survey of all the open spaces in the Parish and the Council will be drafting its new Management Plan in the light of the Trust's recommendations. At the same meeting the Clerk reported (a) that the Council would just manage to keep within its financial budget for the year ending 31st March 2003, (b) on a number of decisions by the Local Planning Authority on applications for development in Hawstead and (c) on an impending review of the Suffolk County Council's electoral divisions by the Local Government Boundary Committee. Mrs Joan Cook gave a comprehensive report to the Council on the recent poll of residents' views on the various proposals put forward regarding the future of the Village Hall.

The latest news on the election front is that the Returning Officer will shortly be publishing details of the candidates who have been nominated for election as Borough and Parish Councillors in the 1st May postal polls in St. Edmundsbury.

Robin Whitfield Clerk of the Council

Village Tree Planting

The response for volunteers was disappointing. However, 150 whips were planted during February/March. Brook Green was not in need of any infill this year so the major planting was to the front of the new church car park and the boundary between the new graveyard and the Millennium Field. Six oaks were planted in the Almshouse Trust Field.

The position of Tree Warden will become vacant on 1st May 2003. If you are interested in this important village vacancy, please contact anyone on the Parish Council.

Brian Kew

All Saints Church- Hawstead Services

All Saints Church – Hawstead. SERVICES

April 2003

Palm Sunday 13 th	6.30 pm	Steiner's Crucifixion Aquarius Singers
Wednesday 16 th	10.00am	Said Eucharist (BCP)
Easter Day 20 th	11.00am	Easter Eucharist (Archdeacon Richard Bird)
Sunday 27 th	11.00am	Holy Communion (Father Geoffrey)

May 2003

Sunday 11 th	8.30am	Said Eucharist (BCP)
Sunday 25 th	11.30am	Parish Eucharist

Palm Sunday Concert – Steiner's Crucifixion

The Aquarius Singers will be performing Steiner's Crucifixion in Hawstead Church on Sunday 13th April at 6.30pm. This is a devotional work lasting about an hour. It incorporates some participation from the congregation, so please come along.

The 'Aquarius Singers' are a ladies' choir, which has flourished since being formed in 1999. The choir sings a wide variety of music ranging from the established choral repertoire to folksongs, religious pieces, spirituals and songs from the shows. T.H.

Giant Plant Sale—Bank Holiday Saturday 24th May 2003

I will be buying the plants this week. Some greenhouse space has been offered, many thanks to those people. Also thanks to Brian Carey of Mr Fothergills Seeds for the kind donation of some seeds.
Jo Butt, 5, The Pound. Tel:388817.

Thought For The Month

"If things gradually get you down and a grey haze burdens your life. Try and forget it all and break out:-

Buy some goggles and a kango hammer!



Road Safety Hawstead



An update on what has happened in the year since I last wrote an article for the Journal on Road Safety— NOTHING! Well not exactly! This is where you were left last year.

The dilemma: what can we do to make the roads of Hawstead a safer place?

**DO NOTHING— hope you, your family or pet are not a road accident casualty?
or**

DO SOMETHING- NOW to TRY and make our village roads a safer place for all?

Let's be positive, remember 'the cause is not lost until you stop trying', SO WHAT CAN WE DO? Write individually to the Highways Department now; that will highlight your concerns, strengthen the cause and force a response; after all our taxes have already paid for the calming measures we require.

Write to: Mr Jim Nunn, West Area Highways Manager, The Coach House, Shire Hall, Bury St. Edmunds, IP33 1RX.

Well there was a good response from those of you who are concerned, Mr Nunn got lots of mail and this is what happened: an email from Assistant Highways Manager Mr Smith stating:

"We have issued a works order for next financial year; hopefully works will be undertaken in Hawstead in April/May 03 consisting of; edge & centre warning lines, slow markings and associated signing. As with most schemes in rural areas, we are concerned about how much signing & lining we actually put in, so that we do not create too much of an urban feel to the village. This is a balancing act between safety & aesthetics, with the obvious cost coming into the equation. If the problem persists, we can always add to the scheme at a later date." Dated 25 March 03.

Well at least we have made our voice heard; speeding traffic through our village is still a problem to our safety, these actions may help in some way but do keep any photographs of accidents or reports of traffic problems coming in— we need evidence if we wish to make Hawstead roads a safer place. Call Bruce Tel: 386876.

Have you Heard or Seen?

The first cuckoo this year?

A prize of a book called *"The Good Seed Guide"* is up for grabs should you be the first to see or hear a cuckoo in the Parish Boundary.

Please phone Jan on Tel: 386248.

Congratulations on your birthday edition

Cecil & Larter are pleased to support the Hawstead Journal.

We thought the birthday edition was an ideal opportunity to tell you a bit more about our company.



Humble beginnings in Risbygate Street

Cecil & Larter are a family run company that have been in Bury St Edmunds for over 75 years. We are proud of our record of support for community projects.

Some of you who are regular sportsgoers will have noticed our sponsorship of Bury Town Cricket, Rugby & Football Clubs plus a number of junior teams, not to mention some of the schools and the Life Saving club at the Sports Centre.



Bury St Edmunds FC Sporting their Cecil & Larter Shirts

Cecil & Larter VOLVO



Cecil & Larter are committed to having a presence in the community and you can usually find us at family occasions such as the Balloon Festival or the Air Show or as pictured supporting the local Scout and Guide movement.



Current site in Horringer Village.

As in the past, we will be here to support you with your motoring needs over our next 75 years. We look forward to the future.

Happy Birthday Hawstead Journal!

Your magazine is printed for you by Candle Marketing Services, Cecil & Larter's publishing division who specialise in a personalised service aimed at small businesses and organisations, such as yourselves, who need a very hands on approach to their marketing and publications.

Their standards mirror the Cecil & Larter values of quality and personal service.



Thought Creates....

Our imagination is a very important asset. One's whole life is a result of our thoughts, desires and wishes, both conscious and unconscious. All new or fundamental ideas come through creative fantasy or imagination, allowing us to receive intuitions and inspirations.

Shakti Gawain tells us that "Creative visualisation is the technique of using your imagination to realise what you want". Positive visualisation builds one's future, and creates our present circumstances. It determines the decisions that are made and the steps taken. If we don't have a clear idea of what we need in the future, we then lack a goal to live for and can wander aimlessly through life, being constantly distracted, vegetating and only reacting to the circumstances around us. Goals are measurable and much satisfaction can be experienced by achieving them.

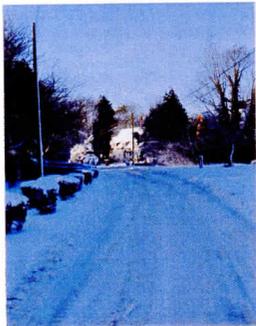
The unconscious can be programmed. Yoda said to Luke Skywalker in The Empire Strikes Back, "Try not. Do, or do not. There is no try". Imagination is more important than willpower. Resolving to give up bad habits reaffirms their existence, but by training one's imagination to visualise the goals, to hold the picture of what is needed to better one's circumstances in a strong and positive way, really seeing, feeling, touching, hearing, tasting with our imagination, creates and brings what one wants. It may take a little time and one must be aware and open to all the pointers and synchronicities that can lead to one's heart's desire, but if you are awake and looking for those pointers, it will come.

Our innermost wishes and dreams inspire us to make what we can of life. We need to have faith in ourselves, confidence, self-assurance and above all, to picture it.

S.T.

The Weather Report

January: the average temperature of 4.0°C, 39.2°F, was close to the long term mean. Rainfall 89mm, 3.5ins, was 64% above the mean figure. Mild weather at the beginning of the year gave way to a cold spell, which lasted for ten days until the 12th. Snow fell each day between the 7th and the 10th; snow cover was light. Mild wet weather persisted throughout the middle of the month until the 28th when a violent hailstorm heralded colder weather. The 31st was a particularly cold day; the temperature remaining below freezing throughout. 16mm, 6ins of snow fell, much of it drifting in the fresh North West wind.



February: it was a dry month; 22mm of rain was some 60% of the mean. The mean temperature 3.8°C, 38.8°F was close to the long term mean. It was, however notably colder than recent Februarys, the coldest since 1996. Remnant snow drifts and ice lingered in shady spots beyond the middle of the month. The most notable feature of this month was the pre-dominance of anti-cyclonic weather after the 13th. For a week or so the SE air-stream brought cold bright days followed by hard frosts (-7°C, 19.5F), on the 15th.

The Weather Report continued:

Then on the 22nd milder air brought higher daytime temperatures close to 12°C, 54F and exceptionally 15.6°C, 60F on the 27th. This temperature has been attained during February on only five occasions since 1960.

March: mild changeable weather predominated during the first twelve days with daytime temperatures in the range of 11—14°C (51-58 deg F). Spring advanced rapidly. A stubborn anticyclone established itself over the North Sea on March the 13th bringing another spell of clear skies, sunny by day followed by clear frosty nights (-5°C, 23.5F on the 17th). The strengthening of the sun under clear skies gave daily maxima close to 16°C, 61F on the 29th and 20th.



A big thank you to James Carr for valiantly maintaining the weather station during my absence.
G.D.H.

Castaway Top Ten

This month's Castaways are Arthur & Doreen Bailey of The Green.

- | | |
|------------------------------|----------------|
| 1) On Top of The World | The Carpenters |
| 2) Mr Wonderful | Peggy Lee |
| 3) Crystal Chandeliers | Charley Pride |
| 4) Just a Matter Of Time | Tammy Wynette |
| 5) Sweet Caroline | Neil Diamond |
| 6) Happiness | Ken Dodd |
| 7) Walk Of Life | Dire Straits |
| 8) I Believe | The Bachelors |
| 9) Birdsong at Eventide | |
| 10) Little Things Mean A Lot | Kitty Kallen |

These are some favourites we have enjoyed over the years. "Little Things Mean a Lot" was No.1 the year we were married 1954. "Birdsong At Eventide" reminds us of when there were Skylarks on the Village Green.

Apologies to Sue & Derek Holland who were billed for this month. We shall look forward to their selection next month.

Heard In Hawstead

A man walked into the Village Hall waving a chequered flag. "I hope you are not going to start something", said the parishioner.

Cooking For Easter Day

Lamb En Crouete

This is a favourite recipe of mine. It is very straight forward, looks good and tastes delicious! You will need a boned leg of lamb, boned so you are left with a cavity.

4 lb 8 oz Leg of Lamb, boned.	5floz Red Wine
1 lb of pork sausage meat	4oz bacon rashers de-rinded and chopped
1tbl pistachio nuts, blanched & chopped.	Salt & freshly ground black pepper
1oz butter	8oz onions skinned & sliced
Sprig of thyme, 1 bay leaf	3 parsley stalks
1 clove of garlic	15oz can of consommé
1lb of ready made puff pastry	beaten egg to glaze
A little flour	Cornflour

Braised celery heads and butter glazed carrots to garnish.

Marinate the lamb in the wine for 2-3 hours, turning it occasionally. Combine the sausage meat, bacon and nuts and season well. Remove the meat from the wine and dry on absorbent paper. Stuff the cavity with the sausage meat and sew up both ends with string. Fry the meat in the butter to seal the surface, then place in a casserole with the thyme, bay leaf, parsely, garlic, marinade and consommé. Cover and cook in the oven at 170 °C (325 °F) Gas mark 3 for 2 hours. Take the meat from the dish and allow to cool.

Roll the pastry into an oblong (20 by 10ins.) Brush the meat surface with beaten egg and dust with flour. Place the lamb in the centre and make a parcel by folding the short ends over, sealing them with beaten egg; draw the long edges over and seal. Turn on to a baking sheet, sealed side down. Decorate with pastry trimmings, brush with beaten egg and bake in the oven at 230°C (450°F) Gas mark 5 for about 45 minutes, covering with foil if in danger of over browning.

To make the gravy, strain the juices and remove the fat. The yield should be about one pint. Thicken the usual way with about 2 level tbls of cornflour.

Garnish with the celery and carrots.
Serves 8-10.
S.M.



Easter Sunday Egg Hunt



*Come and join us in the
Millennium Field at
3.00 p.m. on Sunday April 20th .*

Free to children hunting eggs if accompanied by an adult. Tea & Cakes in the Church. 'Guess the Name of the Bunny' plus some lovely fluffy toy bunnies to buy. Then to finish a grand afternoon out, take a walk up to Cullum Cottage to see the new lambs.

In aid of funds for the Hawstead Community Council



Letter of Complaint

Dear Sir,
Why was there no 'Letter of Complaint' in the last Journal? Complacency and slapdash are creeping in, "When I was in the"(edited)
Yours,
Gen. Morris (Rtd)

Hawstead Big Belly Reduction Group

This weight reduction group meets at the Metcalfe Arms every Tuesday from 6.00pm. There are strict rules; so anyone who wishes to lose weight must have the motivation to do so. So far there are 7 signed up participants with 3 more to be weighed in on the 25th March. At the first weigh in all participants lost weight, their progress being recorded on personal graphs. Two members actually lost 3lbs each in a week. They were very smug. But what about this week? Much abuse will be in evidence if the poundage has returned. Come to the **HBBRG**— lose weight the hard way.

Summary of Forthcoming Dates 2003

Sunday 13th April 6.30pm: Palm Sunday Concert All Saints Church, Hawstead-
Tuesday 15th April 7.30pm: Bingo in the School House.
Sunday 20th April 3.00pm. Easter Egg Hunt, Millennium Field & Lambs at
..... Cullum Cottage
Sunday 20th April: Deadline for copy for May Journal to Hannah Dawson
please.
Monday 28th April. 8.00pm Hawstead Community Council Meeting, Cullum House.
Saturday 24th May: Giant Plant Sale. Details to be confirmed.