

DATES FOR YOUR DIARY

(in the hall unless otherwise stated)

Hawstead Community Council Meeting -

Monday 9th November at 7.30 pm

Parish Council Meeting - Thursday 19th November at 7.30 pm

Quiz Night - Saturday 14th November from 7.30 pm

Xmas Coffee Morning & wreath selling etc - Saturday December 5th from 10 am

The Aquarius Singers Christmas Concert - Sunday 13th December in the church from 7.30 pm - mulled wine and mince pies

Village Christmas Lunch - Thursday December 17th

Craft Group - Contact Ruth for details 388085

REGULAR EVENTS

Breath Easy - Weekly on Tuesdays 9.30 - 10.30am

Carpet Bowls - Weekly on Tuesdays 7.30 pm

Body Synergy - Weekly on Thursdays 7 pm

2010

Burns Night Supper - Saturday 23rd January 2010

Village Lottery

SEPTEMBER WINNERS

1ST 53 J POWELL £6.30

2ND 28 J WEST £1.68

3RD 114 E LEBON £0.42

This is the final draw as the village lottery is to be discontinued.

A letter will shortly be sent to those of you who are still participating.

Editor: Geraldine West



Hawstead Journal

For the Village by the Village

October 2009

HAWSTEAD COMMUNITY COUNCIL

Things are quiet with the hall now that winter is approaching. We would like to remind you that it is available for non profit making community use. If you wish to organise anything from a coffee morning to a supper or a quiz night we would love to hear from you. Some of the children are thinking up some ideas of how they could use it.

The Tudor supper planned for Saturday 7th November has been postponed until the spring. There will be a weekend of activities at the Metcalfe Arms that weekend. Our next event will be -

QUIZ NIGHT - Saturday 14th November starting at 7.30pm. The ticket price of £7 includes a fish and chip supper. Clive Robinson will be our quiz-master.

We have been taking stock of the odd jobs needing to be done. Door closers will be fitted to the toilet doors. The latest in weather proofing from ICI is to be put on the most exposed side of the building. This will give many years of protection. The guttering needs some adjustments. A bad cut in the floor has just been repaired by Glasswells. All in all the hall has stood up well to use so far.

There is now a good set of crockery, cutlery and linen. Hirers will be charged for the use of this. It is our plan to offer a "walk away" service. This is still under discussion. Quite a few halls are doing this now. Washing up for a large party is the last thing you want to do. We very often have to do it again.

Burns Night 23rd January 2010

We must get full use of all that tartan and Bill Crockford's portrait of Robert Burns!! Musicians and singers needed. The bagpipes are coming on nicely. If you have a musical talent and would be interested in taking part please get in touch. "The Hae you Jimmie Trio" need not apply!

Sonja Monk

Chair

HARVEST SUPPER



The Harvest Supper was a great success again this year, with 60 + people and a fantastic spread of delicious food . Entertainment was provided by Fran Evershed and our little grey cells were tested by a quiz organised by Lesley Carey. Our thanks to all those who helped in any way with the event.

CALLING ALL PARENTS

Rory and Conor (see centre pages) are planning lots of events and activities for children of different age groups - from the very young to the almost grown-up. Please will you show your children the centre pages and encourage them to contact Rory at Cullum House and/or Conor at Jofaca. They can also email Rory at rampagerory@hotmail.com.

Church Services at All Saints Church Hawstead November



Sunday 8th - 8.30 am Said Eucharist and Act of Remembrance
Sunday 22nd - 11am Parish Eucharist
Sunday 29th - 10.30 am Benefice Eucharist, Advent Sunday

All are welcome

Wednesday prayers will no longer be held in Hawstead Church

RURAL NEIGHBOURHOOD POLICE TEAM

Halloween is upon us again with the challenges that this date in the calendar always brings. If your children are out and about "Trick or treating" please ensure they are safely supervised. Please also ensure that they are not armed with eggs and flour!

PC Ruth Horton

HAWSTEAD JOURNAL

Please will you (yes **YOU**) send something for the November/December editions of the HJ. A 'bit' about your holiday or a recent outing, your favourite music, book, film or tv programme, gardening or diy hints, items for sale or wanted, anniversaries and historical notes, activities you are involved in etc..... The list is endless. If you are new to the village, we would especially like to hear about you and your family.

email me at geraldinewest@waitrose.com

or deliver to Kellycroft, opposite the village hall.

The Metcalfe Arms

**WINTER BEER FESTIVAL &
BONFIRE SPECTACULAR**

Friday 6th, Saturday 7th and Sunday 8th Nov

Kicks off Friday at 6.30pm - 'til close

20 Real Ales
Live Music till late
Hot Winter Food!

Staff dressed in Costumes!
Best fancy dress prize for any guest willing to join in!

Saturday from 12 noon - 'til close

20 Real Ales, Live Music
Hot Winter Food
Large Evening Bonfire to keep us warm!
Who can provide the best Guy Fawkes for the Bonfire?
Prizes for the top three!
Kids' Fancy Dress competition
Kids' games running all day

Sunday from 12 noon - 'til it's gone!

Come Finish the Ales and Food!

Redrat Craft Brewery will be on site to provide samples
of their beers and provide insight into brewing

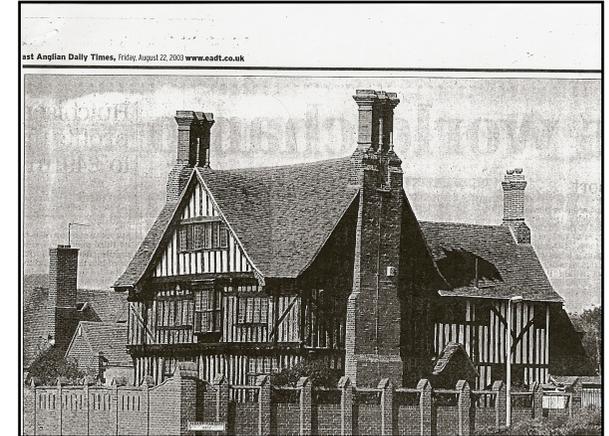
Wrap up warm, bring your family and enjoy the atmosphere
and if you're feeling creative get the kids to
make a Guy for the bonfire!!!

Tel: 01284 386 321

FROM THE ARCHIVE

**Moot Hall,
Clacton-on-Sea,
Essex**

On the first of September 1982, the East Anglian Daily Times reported that the Moot Hall in Clacton was up for sale at more than a million dollars, but in America only.



The house still stands to this day on the sea front, on the Marine

Parade, east of the pier. Details were sent to prospective stateside buyers by the owner, Florence Peters, who wanted the hall "to go to someone who will love it as she has done."

It did not go to America, and was put on the market again on 22nd August 2003, at an asking price of £525,000. Interestingly, it was built at Hawstead in 15th century and moved brick by brick to Clacton in 1910.

The ADVERTISER AND CLACTON NEWS of 1911 carried an article (reproduced from the Bury Free Press of 18th March, 1911, saying that it was built in 1490 and dismantled in 1910 to move to Clacton. At Hawstead, it had stood in the grounds of Hawstead Place, where it was known as Manning's Farm. It was occupied in 1720 by Mr. John Powell, and over the years had been used as a court house and granary. The sale and move was "regretted by Mr Gery Milner -Gibson Cullum" (the owner of the Hardwick Estate).

Two directors of the Clacton architects, Christies, Gill and Reigate, wanted a Tudor house by the sea. On their whim, Manning Farm was demolished and every piece labelled and taken to Clacton by horse-drawn cart, where it was re-assembled. Once there, the owners made do without a staircase for 24 years before they bought and installed wooden stairs which were formerly part of London's Waterloo Bridge.

Anna Glypta



Sticky Toffee Pumpkin Cakes

This Halloween, make use of all those pumpkin bits you cut away when you're crafting funny faces.

These little cakes are sure to be a hit with ghosts and ghouls of all ages

Makes 12 cakes - Takes 50 minutes to make

Ingredients

- 500g pumpkin flesh
- 250ml sunflower oil
- 300g light muscovado sugar
- 3 large eggs
- 225g self-raising flour
- 1 tsp bicarbonate of soda
- 1 tsp each ground ginger, ground cinnamon and ground mixed spice
- 1 jar banoffee toffee (from supermarkets)
- 12 dried ready-to-eat apricots

Method

1. Preheat the oven to 180°C/fan160°C/gas 4. Line the holes of a 12-hole muffin tin (the holes should be 5cm across at the top and just over 3cm deep) with paper muffin cases.

2. Put the pumpkin into a heatproof bowl with 1 tablespoon of water. Cover with a lid. Microwave on high for 10 minutes (based on an 800w oven) until the pumpkin is tender. Cool for 2-3 minutes before removing the lid, or the steam could scald you. Transfer to a food processor and put the lid on. Whizz for 30 seconds until smooth, or use a hand blender. (If you aren't using a microwave, put the pumpkin into a saucepan with 2 tablespoons of water and simmer, covered, over a medium heat for 15 minutes or until tender. Drain off any excess liquid, then whizz as above.)

3. Put the oil, sugar and eggs in a large bowl. Using an electric hand whisk, mix together for 3 minutes until thick and pale. Sift in the flour, bicarbonate of soda, ginger, cinnamon and mixed spice. Take a large metal spoon and mix gently yet thoroughly until you can no longer see any dry ingredients. Add the pumpkin purée and stir lightly to combine.

4. Divide the mixture between the muffin cases, so they're all three-quarters full. Bake for 20 minutes, until risen and cooked through. Insert a skewer into the centre of a muffin – if it comes out clean, it's ready. Cool the cakes in the tin for 10 minutes, then cool on a wire rack.

5. Put a tablespoonful of banoffee toffee on top of each cake, then spread evenly across the top. Top each one with a dried apricot.

Rosie Greengrass

building; realizing what he did he freezes, wondering if what his grandmother always told him is true - that walking under ladders means bad luck. So what to do if you realize you've just walked under a ladder and want to ward off the bad luck? You spit. Either you spit three times through the rungs of the ladder, or you spit on your shoe. Make sure you don't look at your shoe until the spit has dried (*please, do not spit!*). Failing these tactics, cross your fingers until you find a dog, or simply back out the way you came in and make a wish!

To many walking under a ladder is bad luck, while to others it is simply unsafe. Some will go so far to say that walking under a ladder is akin to blasphemy, and in the old days being a blasphemer wasn't very conducive to good health and long life, so accidentally walking under a ladder in a Christian land could be considered very bad luck, indeed. But is there anything to the superstition, and where did the idea that it would bring bad luck come from? And was there anything that could be done to break the bad luck before it settled to deeply on the offender?

There are a couple of theories about where the "Walking Under a Ladder is Bad Luck" superstition came from. The one mentioned above - that walking under a ladder was akin to blaspheming - comes from the early days of Christianity. Many Christians are believers in the Trinity - that God is made up of three parts, the Holy Father, the Holy Son, and the Holy Ghost (or Holy Spirit). Thus, the number three was somewhat sacred, and the triangle was by association also sacred with its three sides.

A ladder leaning up against a building was seen as a triangle (the ladder itself making one side, the building wall making up a second side, and the ground connecting the two making the third side.) To walk through this triangle (by walking under the ladder) was seen as breaking the Trinity. The bible talks about the one unforgivable sin being blaspheming against the Holy Spirit, so someone who breaks the Trinity is seen to be in league with the Devil; and once again, being labelled such in the old days of Christianity was a quick way to invite the hangman and witch trials.

Different parts of the country have their own particular superstitions designed to bring good fortune, health and wealth to their houses and occupants.

It is easy to dismiss superstition as absurd, but only those who can break a mirror or walk under a ladder without a second thought are entitled to do so.

Rosie Greengrass

SUPERSTITIONS

In years gone by, numerous customs were observed to ensure that misfortune would not befall us and our loved ones. We may like to think that we live in a sophisticated age, but even in the 21st. century, many customs and superstitions linger on.



Sailors have a long tradition of superstition; looking for any edge they could find to give them comfort on stormy nights at sea. One of the longest standing superstitions - one that could also be classified as a bit of an urban myth - is that women on board a ship equalled bad luck. Depending on the era and the nation, women were often forbidden from sailing on military vessels; as for merchant ships, that was up to the captain, or the company. Some say this is because women were considered bad luck, and that having a woman on board a ship when it was at sea would anger the sea gods, bringing on horrible weather and rough water. In some cases women who were on board ship were even tossed over board in order to attempt an appeasement of the gods. While sailors would sometimes fight tooth and nail to keep women off their ships, in many cases women were welcomed aboard. There are times when a wife would sail alongside her husband, and there is a reason that literature has examples of women disguising themselves as men to sail - it has a historical basis.

The most ironic twist to the "women on ship are bad luck" superstition was the flip side of the coin, a superstition that had women being good luck in connection with the ship. Women, despite in most cases not being allowed on board a working ship as crew, were sometimes considered better navigators than men. (*Mmm! I thought so!*) Put this together with the power of a bare chested woman to "shame nature" and keep the waves away and you have the reason behind the popularity of topless women depicted as figureheads on many sailing ships. Figureheads, or mastheads, are carved statues fixed to the prow of the ship, and sometimes are depicted as ancient creatures or warriors, but a very popular choice was a bare woman pointing the way to port.

Running late for an appointment is a young man dressed in a sharp suit and carrying a briefcase. Weaving through the foot traffic the man checks his watch to make sure he will make his important meeting. His phone rings and he retrieves it from a pocket and says hello. Distracted, he walks right under a ladder leaning on a

Pumpkin Risotto

Risotto is easier to make that you think. The most important thing is that you use the right kind of rice, like arborio or carnaroli.

Serves 4 Time: 35 min

Ingredients

- ◆ 1 litre (1.5 pints) vegetable stock
- ◆ 50g (2oz) butter
- ◆ 1 tbspn olive oil
- ◆ 8 shallots or 1 large onion, finely chopped
- ◆ 2 garlic cloves, crushed (optional)
- ◆ 275g (91 oz) risotto rice (carnaroli or arborio)
- ◆ 125ml (4fl oz) white wine
- ◆ 400g (14oz) pumpkin, or butternut squash, peeled, deseeded and cut into 1cm cubes
- ◆ Handful fresh sage, chopped, plus extra to serve
- ◆ 100g (4oz) parmesan cheese, freshly grated

Method

1. Heat the stock in a saucepan until almost boiling then reduce the heat until barely simmering.
2. Heat the butter and oil in a sauté pan or heavy-based casserole over a medium heat. Add the shallots or onion and cook for 1-2 min until softened but not browned.
3. Add the garlic, mix well, then add the rice. Stir with a wooden spoon for about 1 min, until the grains are well coated and glistening, then pour in the wine and stir until it has been completely absorbed.
4. Add 1 ladleful of hot stock, the pumpkin and sage. Simmer, stirring, until the liquid has been absorbed. Continue to add the stock gradually, stirring often, until the rice is tender but firm (this will take about 20 min). Reserve the last ladleful of stock (if you run out, top up the pan with boiling water).
5. Finally, stir in the last of the stock and most of the parmesan. Season well. Remove from the heat and rest for 2 min. Serve sprinkled with parmesan and sage leaves.

A lovely warming dish!

You can use any type of sweet squash in this dish, or try experimenting with other vegetables, such as mushrooms or courgettes.

Kathy Maslen

Pumpkin time again

Hope your Halloween is simply spook-tacular!



Kids Korner!

Kids Korner created by Rory Hancock
and Conor Jackson

Kids in Hawstead!

This is the first kids korner ever!
What the kids korner is all about is
to try to get the kids in Hawstead
together. Here we'll have games, di-
ary dates and news for Kids! We
will organise some events like meet-
ing up on the village green and having
a game of hide and seek. I would
really appreciate some ideas for the
kids korner, whether they are ideas
for games, diary dates or anything!
Please email your ideas to me -
rampagerory@hotmail.com or pop
round to The Old School House to
see me or to Jofaca to see Conor.

Spot the difference!



email your answers to me, Rory

Next month Dot to Dot!!