

## DATES FOR YOUR DIARY

### JUNE/JULY

Clive Payne let loose in the church - an entertaining lecture

Friday 26th June - £6 on the door, do not miss it!

**Cream Teas on the Green**

Sunday 5th July at 3pm

A charity fund raising afternoon with the Pampered Chef

Saturday 11th July 2—5pm

**Hawstead Community Council**

Meeting - Monday 13th July 7.30pm in the hall

**The Mobile Police Station**

Tuesday 21st July between 10.00 and 11.00 am on the Village Green

### REGULAR EVENTS

Produce on the Village Green - 2nd and 4th Saturday 11am - 1pm

Breath Easy - Weekly on Tuesdays 9.30 - 10.30am

Carpet Bowls - Weekly on Tuesdays 7.30 pm

Body Synergy - Weekly on Thursdays 7 pm

Craft Workshops and Bingo have been suspended for the summer.

### LATER IN THE YEAR

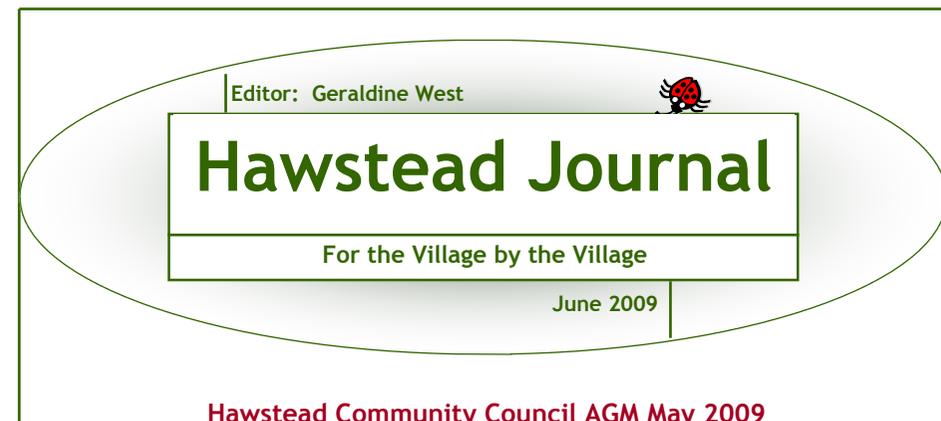
The Village fete, fruit and flower show - Sunday 6th September

A Tudor Supper - Saturday November 7th

Village Christmas Lunch - Thursday December 17th

For more news and dates of things going on in the wider community don't forget to look in the Benefice news letter. We do sometimes put a leaflet in the Hawstead copy.

Do always check with the website for exercise classes, if you are a new comer, they do occasionally miss a session due other commitments, holidays etc.



**Hawstead Community Council AGM May 2009**

**Chair's remarks**

It is still a pleasure to come into this building!

We have had some happy times. Last year's play, this year's play. That very wet fete with all that mud. Quiz nights etc., Xmas and New Year, The Burns Night - that was fun. The exercise classes are well subscribed. The carpet bowls club is hard to beat. Plant sales with bacon & egg and so on.

Getting people together is what it is all about. I think you are all amazing!

As time goes on there will be more private functions. Enquiries are being made for next year. To date there have been 64 bookings outside of the weekly meetings.

The hall is available for non profit making community use free of charge.

Now that we have had a year of running this building it would be wise to review the costs etc. There are some things still to purchase to add to the desirability of the hall. It would be nice perhaps to extend the hard landscaping. A sound system should be considered. The new rules for licensing will make it easier to have the hall licensed for the sale of alcohol.

John West wishes to stand down this year. John joined the committee just as we needed a new hall - what luck - and has seen us through the financing of the building. We all agree that it has been a pleasure to work with John. John has now passed the accounts on to James. We shall miss him very much, he never once told us off for spending money! His words "I think we should just go ahead and get it, don't you" were music to our ears. The Parish Council are very lucky to have him join them.

Contd....

## Hawstead Community Council - Contd

Sylvia Miller wishes to stand down from her position of secretary. Sylvia has given so much of herself to the hall project and the community, without her help I think I would have gone quite mad! Nothing was ever too much for her, from the village draw to the Christmas wreaths; plant sale, fete and flower show etc, etc. We send our very best wishes to both Sylvia and Simon.

We now know that we have been awarded the phone line and broadband package from the Village Connect scheme, as applied for by our Parish Council. This will give us a phone line and broadband connection plus a free lap top. The first year will be paid for within the scheme; within the agreement the community council have agreed to support the phone line and broadband connection for at least one year. These facilities will be made available free of charge to the community. IT classes will be organised with expert help. Next month's journal should have details.

You may have noticed we now have a notice board produced by Dave Dawson on the outside of the hall. We shall place information regarding our meetings there.

### The Community Council now consists of;

Sonja Monk, Spinney Cottage - Telephone No 386876

James Bulbrook, Brook Cottage - Telephone No 388583

Rosemary Harrison, Balacraigne - Telephone No 386157

Margaret Crockford, Pound Cottage

Ruth Mackay, Flatts Farm

Dave Dawson, Bracklands

Pat Baker, Shepherd's Cottage

Pamela Stevens, 3 The Alms Houses.

We are very pleased to have Pat and Pamela join us.

A COPY OF THE ANNUAL REPORT AND ACCOUNTS can be found on the hall notice board.

Michael Harrison's talk at the AGM entitled "I was the last of the Dixon of Dock Green Policemen" was very entertaining and informative. Thank you Michael very much.

**Sonja Monk**

**Chair Hawstead Community Council**

## CHURCH SERVICES AT ALL SAINTS CHURCH HAWSTEAD

JULY



Sunday	5th	10.30am Benefice Eucharist
Sunday	12th	8.30am Said Eucharist
Monday	20th	2pm Pinford End NH
Sunday	26th	11am Parish Eucharist&Baptism

Weds, 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> and 29<sup>th</sup> Benefice Prayers 5pm

All are welcome

### Village Lottery

#### MAY WINNERS

1<sup>ST</sup> 144 T RUSHEN £16.65

2<sup>ND</sup> 131 REX CARR £4.44

3<sup>RD</sup> 034 B CROCKFORD £1.11

Winners determined by a Random Number Generator

If you would like to take part in the lottery,

please contact Sylvia on 388841

## RURAL NEIGHBOURHOOD POLICE TEAM

### The mobile police station

In the last few weeks we have visited a number of villages and will next visit Hawstead Village Green on Tuesday 21st July 2009 between 10.00 am and 11.00 am. It has made a real difference to ability of the Safer Neighbourhood Team to hold surgeries in the villages as we no longer have to hire halls in which to meet people. Issues that are raised at the surgeries are acted upon by the team, so please do come and visit us and let us know your concerns.

We will have a supply of **purse bells** which are free and do work! A while back I gave a neighbourhood watch co-ordinator from a nearby village a bell and she duly secured it to her purse. The very next day she took her mother for a meal in a London restaurant and was enjoying the food when she heard a bell ringing. She didn't register what the noise was immediately, but then remembered her purse bell and looked round to see a male making off with her purse. She shouted "stop thief" and the waiters gave chase and managed to obtain the registration number of the vehicle the thief made off in. She was then able to cancel her bank cards straight away preventing further loss. She told me she wouldn't have noticed the purse was missing till she came to pay for her meal by which time her cards could have been used.

There have been a few **thefts from motor vehicles** in our area recently. Please don't keep valuables in your car or essential tools you need for work in your van. Also, do write down all serial numbers of tools and equipment and keep them in a safe place. How frustrating for us, to find a suspect with tools we believe to be stolen, but are unable to identify the owner and prove that they are in fact stolen.

We hope you are all enjoying the lovely weather and light evenings.

PC 704 Ruth Horton

01284 774100 e.mail - [ruth.horton@suffolk.pnn.police.uk](mailto:ruth.horton@suffolk.pnn.police.uk)

[www.onesuffolk.co.uk/SaferSuffolk](http://www.onesuffolk.co.uk/SaferSuffolk)

**Produce on the village green** this month will include a range of fruit and veg including strawberries, gooseberries, spinach, lettuce, mange tout and potatoes as well as eggs and preserves.

2nd and 4th Saturday in the month from 11 am – 1 pm.

For more information contact Andy and Fran on 01284 386501



**Starting early for the Hawstead Village Plant Sale!**

## THE HAWSTEAD JOURNAL

In order to safeguard the continued production of the Hawstead Journal, it has been agreed that the Parish and Community Councils will hire a printer for the village. The printer will be used primarily to print this journal each month although it will also of course be available for use for the village.

The monthly cost of printing the journal is anticipated to be around £45 - approx 35p for each household. This amount will vary a little according to the number of pages and how much colour is used. In order to offset this cost we are looking for individual villagers, families and locally based businesses to help to fund each month's production. We will be happy to accept any amount of £5 or more and of course, if you would like to contribute the whole amount i.e. £45, that would be good too! Unless you wish to remain anonymous, sponsors each month will be acknowledged -

*Our thanks to this month's sponsors of the Hawstead Journal*

*Ben (age 10)*

*The Adams Family*

*Sonja Nunn - Sparkling Window Cleaning Services (883886)*

*John McBruce - Swimming Pool Refurbishment (389843)*

*Josh of Garden Equipment Incineration (743269)*

(So a gentle advertisement for those of you that have businesses to promote!)

The Journal will shortly have its own bank account and payment procedures. In the meantime, if you would like to sponsor the journal please email me at [geraldinewest@waitrose.com](mailto:geraldinewest@waitrose.com)

### Do you know what a land rail is? .....

One has been seen in Pinford End in autumn, but not for many a year (as far as I know!).

Latin name: *Crex crex*. Family [Rails](#) (Rallidae). It's a bird. It is also known as a Corn Crake. Corn crakes are related to moorhens, coots and rails but differ from most members of the family because they live on dry land. They are very secretive, spending most of their time hidden in tall vegetation, their presence only betrayed by their rasping call. This bird walks with high steps and runs swiftly through long vegetation. It is similar to a grey partridge.



It is very secretive in the breeding season, and heard far more often than it is seen. It is hard to flush, walking away through the vegetation. The song, mainly heard at night and very early morning, is a repetitive, far-carrying *ccrek ccrek*, like two notched sticks being rubbed together or, a nail scraping along a comb. This bird feeds mainly on insects, beetles, slugs, snails.

The adult Corn Crake is 22-25 cm (8.6-9.8 in) long with a wingspan of between 46-53 cm (19-21 in). It weighs between 125-210 g (4.5-7.5 ounces). It has mainly brown, heavily spotted upper parts, a blue-grey head and neck, and reddish streaked flanks. The sexes are similar, both have light yellowish-brown plumage, and the face and upper parts of the breast are pale grey, but in the immature bird the blue-grey is replaced by buff. It has a short bill and shows bright chestnut wings, buff coloured underparts and long dangling legs in flight which are visible and unmistakable. The rusty red wing feathers show at rest and during flight. The corn crake is easier to hear than to see. The scientific name of this species, *crex crex* refers to this call. A globally threatened summer visitor, the corn crake was once widespread throughout the UK and much of northern and central Europe, extending to Siberia. Within this former range the corncrake is now restricted, and occurs in fragmented populations. In the UK it is currently found mainly in the Northern and Western islands of Scotland. The species winters in south-eastern Africa and migrates to Europe in spring; arrives from mid-April and leaves again in August and September. Best located by call that can be heard both day and night.

Upon reaching the breeding territory after migration, males begin to call repeatedly for many hours in order to attract a female. After selecting a male, females then choose a nest site. Nests are constructed on the ground from dead stems and leaves amongst patches of nettles (*Urtica*) or other tall vegetation (grass, hayfields, grassland, patches of yellow flag iris, reeds, nettle or rhubarb etc). The female lays one to two eggs per day and the typical clutch size is eight to twelve greenish-grey red-spotted eggs. Females generally produce two clutches; 1st clutch May - June, 2nd clutch July - August. Incubation 16 -19 days. Fledging 34- 38 days.

### THE METCALFE ARMS

**Every Wednesday night is fresh fish and chips night**, line caught fresh cod, hand cut chips, homemade tartare sauce, please book for this extremely tasty Metcalfe Ale beer battered fish! from 6pm till 8.30pm. (*Delicious - ed*)

**Every Sunday is 'probably the best Sunday roast in Suffolk'** rib of beef, leg of lamb or roasted chicken breast. Homemade crispy roast potatoes, homemade 'proper' yorkshire puddings, served with seasonal veg and the Metcalfe gravy! Served 12 noon until 6pm.

Please book in advance as everything is catered and freshly cooked . 386321

### DESERT ISLAND DISCS

The 10 discs this month are chosen by a castaway who wishes to remain anonymous. They are in no particular order.

- 1 Bob Dylan - Like a rolling stone
- 2 Pavorotti - O Sole Mio
- 3 Ben E King - Stand by me
- 4 Israel Kamkawiwo'ole - Somewhere over the rainbow
- 5 Franki Valli - Can't take my eyes off you
- 6 Gary Moore - Still got the blues
- 7 Eminem - Stan
- 8 Leonard Cohen - Dance me to the end of love
- 9 Julian Lloyd Webber - The swan by Saint Saens
- 10 Jo Brown - See you in my dreams

The castaway would also like to settle once and for all the never ending argument about who was the best ever rock guitarist.

4 Slash, 3 BB King, 2 Clapton and undisputedly No 1 Hendrix.

Book Choice - A set of Wisdens

Luxury - A telescope

Can you guess who chose this weird and diverse collection?

*If you would like to be a castaway on Hawstead's very own desert island, email your selections to the editor and let us all know about your favourites and why they are meaningful for you.*



Hawstead Village Hall,  
The Green, Hawstead,  
IP29 5NP  
From 2-4.30 pm on  
Saturday 11th July 2009

**COOKERY  
DEMONSTRATION &  
AFTERNOON TEA/SNACKS**  
**CHARITY FUNDRAISING EVENT  
FOR THE PSP ASSOCIATION**



For further information please contact:  
Liz Cooper: hooperelizabeth@hotmail.com

*Working for a world free of PSP*

Registered charity 1037087

The downy chicks are black, as with all rails. The male leaves the female before egg laying is complete, and attempts to attract another female. During the breeding season corn crakes feed on invertebrates.

The decline in the UK was first noticed in the south and east of England during the late 19th century; it continued into the 20th century and became more severe. After the 1930s corn crakes were lost from most of England, southern Wales and from large areas of Scotland. They are currently fairly common only in the northern and western islands of Scotland. **This decline coincided with the increased use of farm machinery to cut hay meadows. Meadows were also cut earlier, which caused massive losses of adults, juveniles and nests. This brown, chicken-sized bird prefers to run when threatened with danger - so it is best to harvest hay fields (where it nests) from the inside out, giving it somewhere to escape to; farmers please take note!** Other causes of the decline include loss of habitat due to conversion of grassland to arable and sheep pasture, or unsuitable management such as over-grazing. Disturbance and predation by domestic and feral cats and mink may also cause significant losses. Between 1978 and 1979 there were just 730 to 750 calling males in the UK; by 1993 this had fallen to 478, in 2001 there were around 630 but this increased to 1067 males in 2004. The **conservation status** of the corn crake in the UK **is red**.

Corn crake conservation methods include:

- Waiting until 1st of August before cutting fields of hay and silage (Giving eggs time to hatch with the Corn crake chicks being large enough to run from a mower).
- Mowing fields from the centre to the outside (Corn crakes can escape without having to cross areas of short grass which instinct stops them from doing).

Fencing off areas of vegetation so they are not grazed by livestock. This then grows tall in the spring and forms "early cover" for the corn crakes. (The birds do not usually return from migration until there is ground cover tall enough to hide in).



*Rosie ..... Look out for my article in next month's journal.*



the plant sale

