

## DATES FOR YOUR DIARY

### APRIL

Hawstead Community Council - Monday 6th April

7.30pm in the hall. Villagers are welcome

RagRug Workshop - Saturday 18th April (see page 2 for details)

Theatre Royal Production of 'Three Men in a Boat' - Thursday 29th April

Men's Breakfast - Saturday 4th April 8 am

Call James Longe 386209

### REGULAR EVENTS

Breath Easy - Weekly on Tuesdays 9.30 - 10.30am

Carpet Bowls - Weekly on Tuesdays 7.30 pm

Craft Workshops - Last Wednesday of the month 2 - 4 pm

Green Nights - 2nd Wednesday of the month (see pg 11)

Body Synergy - Weekly on Thursdays 7 - 8pm

### LATER IN THE YEAR

Annual Plant Sale - Saturday May 16th

In the Village Hall. Always a much enjoyed event with great flower & veg plants grown by our green fingered Villagers, plus mouth watering refreshments.

Barn Dance - Saturday June 13th

Cream Teas on the Village Green - Sunday July 5th

Medieval Evening - Saturday November 7th

Village Christmas Lunch - Thursday December 17th

Editor: Geraldine West



# Hawstead Journal

For the Village by the Village

March 2009

## Hawstead Community Council

What goes around comes around!

It will soon be a year since Hawstead village hall was put in to use. We began with the Theatre Royal rural touring play "Art". Next month the Theatre Royal will be returning on **the 29th of April** with Three Men in a Boat, a new adaptation of Jerome K. Jerome's classic book, created specially for the Theatre Royal.

The plant sale comes around once again on **the 16th of May**. This must be the fifth year that Jo Butt has been the mastermind behind this event which has raised quite a tidy sum for the funds, with seeds from Fothergills given by Leslie Carey, the use of almost every green house and poly tunnel in the village, we have managed to produce quite an amazing variety of plants. If anyone would like to help with this, we have very pleasant afternoons either in Fran and Andy Evershed's poly tunnel or in Joe or Sylvia Miller's garden pricking out seeds. Cake is usually involved!! Just let us know, it is usually on a Wednesday. We would like to serve breakfast, coffee & cakes on the morning of the sale. Do come and try it we need people to practice on!

The Annual General Meeting will be at the end of May, we are always looking for new people to join the community council. We shall try to make it a celebration of the first year of our hall.

There have been weddings, parties, anniversaries, theatre, dinners, and quizzes, dancing lessons, meetings, sales and a Fete. The hall is there for you to use. There was a very successful dinner this month in aid of St. Nicholas Hospice. Should you wish to organise a coffee morning or lunch just for fun or fund raising it is there for the community to use.

Of all of our events we have organised the two quizzes plus supper has been very successful and great fun. Our quiz master, Clive of Cullum House is getting very good at finding very tricky questions! I think we will repeat these again and again.

Contd..

## Hawstead Community Council—Contd.

Do keep a check on the web for special events and availability  
[www.hawsteadvillagehall.co.uk](http://www.hawsteadvillagehall.co.uk)

There is now a new site [www.yourhall.co.uk](http://www.yourhall.co.uk) where you can look at some other halls in our area plus some very lovely pictures of ours.

Contact numbers - Sonja Monk 386876, Sylvia Miller 388841, and Rosemary Harrison 386157.

### Sonja

#### RagRug Workshop

Perfect for beginners!

Saturday 18<sup>th</sup> April 2009 10am-4pm

£12.00 per person

Hawstead Village Hall

Come along and learn how to recycle your cast-off clothes into colourful rugs, bags, cushions, wall-hangings etc.

Hooks and frames will be provided for the day. You may purchase these and take them away with you.

Ruth Mackay

Tel: 01284 388085

Email: [ruthmackayflatts@btinternet.com](mailto:ruthmackayflatts@btinternet.com)

Refreshments available, bring a packed lunch.



## Church Services at All Saints Church Hawstead

April

Monday April 6th 11.00am Said Eucharist & Meditation

### Easter Day

Sunday April 12th 8.30am Said Eucharist

Sunday April 26th 11.00am Parish Eucharist

Benefice prayers every Wednesday at 5pm

# GREEN NIGHT

What is a Green Night?  
An evening of help and advice on how to live a more eco-friendly life.

Topics we will be covering...

WHY BOTHER!  
RECYCLING!  
ECO PRODUCTS!  
TREES and Co2!  
GOOD FOOD!

**FREE to attend but  
donations welcome**

### Bring & Sponsor

Bring all your unwanted items and we will sell them on our TREE SPONSORING stall

All money raised will purchase trees to offset the Carbon Footprint of people attending the night.

### BRING-A-THING

We will have various recycling schemes available. You can bring along the following items.

\* Used drinks cans \*  
\* Ink or laser cartridges \*  
\* Mobile phones \*  
\* Glass bottles and jars \*  
\* Clothing and Shoes \*

## STALLS

ECO Products  
Health Products  
Organic Fruit & Veg  
Eco Build Products  
Seeds  
Recycling  
Grow Your Own  
& much more...

Second Wednesday of every month, 7pm at Hawstead Village hall

### Village Lottery

#### FEBRUARY WINNERS

1st 028 J WEST £16.35

2nd 127 R CARR £4.36

3rd 143 T RUSHEN £1.09

If you would like to take part in the lottery,  
please contact Sylvia on 388841

### FOR SALE

**BEAUTIFUL OAK OCTAGONAL TABLE CIRCA 1900 - 1930.** Measurements are 35.5" diameter and 30" high. Lovely detail on the legs and the struts. Very good condition, Original castors. £50

### WANTED

#### USED POSTAGE STAMPS

Please could I have all your used stamps? Please leave enough of the envelope around the stamp in order that it does not get damaged.

The stamps get sorted and organised and then they go to the Home Mission Service. The stamps are sold to dealers, and the collected monies go toward funding projects for the poor.

**Many Thanks.**

**Kathy Maslen, Oakhill House, Pinford End Tel: 386860**

### National PSP Awareness Week



The PSP Association are encouraging people to hold a 'Tea for PSP' afternoon during awareness week 4th-11th April 2009 in order to raise both awareness of PSP & CBD, and a vital £350,000 to support our crucial work.

The PSP Association is selling raffle tickets at 50p each or, £5 for a book of 10 tickets. Prizes are:

- Tea for Two at the House of Lords (including a tour of the building, hosted by Seb Coe (his father had PSP)
- A weekend for two at the Metropol Hotel London + afternoon tea for two (includes two nights B&B + afternoon tea for two)
- One years family membership of National Trust
- One years Membership for one for Royal Horticultural Society.

If you would like to host such an event, let me know and I will get an information pack sent to you also let me know if you would like raffle tickets or would be willing to sell a few for me.

**Liz Cooper**

\*Progressive Supranuclear Palsy (PSP) is a degenerative brain disease which affects eye movement, balance, mobility, speech and swallowing.

### Hawstead Craft Group

The Hawstead Craft Group held it's first meeting last month in the village hall.

If you would like to spend a couple of hours in the company of other people interested in craft (beginners or experienced) exchanging ideas, experience and a good old chat, why not come along and be inspired!

Have you got a particular craft you enjoy doing and would like to share with us?

We meet in the afternoon on the last Wednesday of each month from 2-4pm at Hawstead Village Hall.

The next meeting is on Wednesday 25<sup>th</sup> March, we will have a go at crocheting. If this is something you'd like to learn or could show to people please come along.

At the April 29<sup>th</sup> meeting we will be taking along our unfinished patchworks. Have you any patchwork that you would like to bring along and show us?

Hope to see you there!

**Ruth Mackay**

Tel: 01284 388085

Email: ruthmackatflatts@btinternet.com

### Carpet Bowls

*On Tuesday, March 17 the leprechauns were at their mischievous selves. After all, it was St. Patrick's Day.*

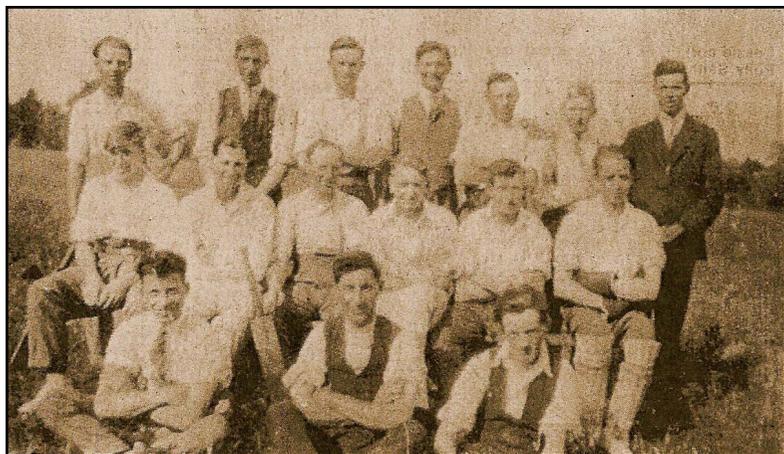
*The carpet bowlers had been meeting for the better part of a year. There were two strange occurrences that could have been attributable to the little green folk. In one game, one team was winning 10-0, a seemingly unbeatable lead. Yet, in extra time they eventually lost. In another match we witnessed the largest defeat, 18-2.*

*No team members will be named, but they know who they are.*

*New players (no knowledge of the game is necessary) are welcome. We meet every Tuesday at 7:30pm and serve tea and biscuits at the interval.*

**Doc Lacey**

### From the Archive



**The Gentlemen of the Hawstead cricket team in about 1932**

They are -

Back row - Fred Long, George Gill, Harry Leeks, Ernie Wright, --?--, Laurie Ramsbottam

Middle row - Arthur Boreham, Billy Nunn, Charles Ostler, Jack Westley, Dennis Pulson, Maurice Wright

Front row - Leslie Reynolds, Cecil Jarman, Frank Woollard

The Times of January 6<sup>th</sup>, 1943 reported that Miss Mary Ann Barney, of Hawstead near Bury St. Edmunds is 100 today.

On January 8<sup>th</sup>, 1945, The Times told us that Miss Mary Ann Burney of the Alms Houses, Hawstead, was 102 on Saturday.

Finally, The Times of November 10<sup>th</sup>, 1945 reported that Miss Mary Ann Burney died yesterday at Hawstead, near Bury St. Edmunds, within 2 months of her 103<sup>rd</sup> birthday.

**Anna Glypta**

### For Sale

Brand New Carpet 5m x 4m - Cormar Carpets Town & Country Range  
Colour: Yorkstone. Retail £32 sq mtr. Will sell at less than half price.  
This carpet is brand new and still in the carpet shop at Sudbury. It is a plain twist carpet, 60ozs extra heavy domestic. You can go to the manufacturers website for further details. [www.cormarcarpets.co.uk](http://www.cormarcarpets.co.uk)  
Call 386860 if you are interested.

### Welcome to Hawstead

*'Hello Hawstead!*

*Jeff and I moved into Pye House just before Christmas. Some of you will have heard of us following a recent search for paddock space for 2 ageing ponies in my care; thank you so much for your responses. We now have the ponies happily grazing at Park House thanks to Susanne and Chris. I have attached a photo of the ponies before their move to Park House - thought this a more attractive picture than one of Jeff and I!*

*Jeff originates from Norfolk & I was brought up in London. We have lived in Norfolk and Cambridge so we are doing the East Anglia circuit but hope to stay in Suffolk for some time!*

*I work for a neurological charity as a regional care adviser and Jeff works for a fire protection company. I work from home although I am out in the counties quite a lot and Jeff is based in Chelmsford but again travels a lot throughout the south-east.*

*Our introduction to village life has been a positive one - we have had the pleasure of being invited out for drinks to meet those at the core of local social activity so straight in at the deep end!*

*We look forward to meeting more of you in the forthcoming months and years!'*

*Liz & Jeff Cooper*



Mister Ed (the grey) and Bramble (in the background).

### The Florence Nightingale Aid in Sickness Trust

This charity provides one-off grants to people of all ages who are sick, convalescent, disabled, handicapped or infirm by providing grants for items that will assist them in their day to day living. Respite breaks and convalescence are also considered. For more information, or to request an application form please contact Mrs Ann Griffiths on 020 7605 4244 or go to [www.fnaist.org.uk](http://www.fnaist.org.uk)

## Nowton Park and Ride

To coincide with the opening of the new Arc shopping centre in Bury, the council organised a park and ride bus service on Thursday 5th and Friday 6th March from Nowton Park.

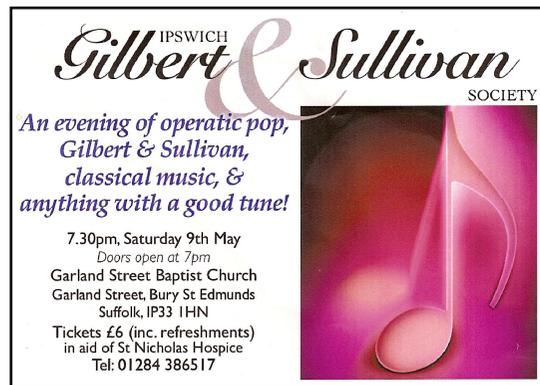
Using clean, modern buses supplied by Mulleys, the service ran every 15 minutes throughout the day until 6pm using the bus stop outside Palmers Home Store as the drop off/pick up point.

The fare was a very reasonable £1.50 return and was free to those of us old enough to possess a bus pass!

We used it on both days and found it an excellent service. The council official present said it could possibly become a regular feature on busy days such as Saturdays and Christmas time but, unfortunately, the service was hardly used as very few people knew anything about it. 'Flyers' were apparently sent out around Sudbury with the free newspapers, but the only indications I saw of it were the signs placed on lampposts near the park.

If the service is to run again, and hopefully it will, there needs to be much better advance information of it, as regardless of the number of passengers, the cost of providing it comes out of public funds, so we are all paying for it.

**Michael Harrison**



## An earning opportunity

Would you like some additional income? If so, and you have a spare bedroom, or two, then consider becoming a host family for foreign students. The students are mostly young adults, they stay for fairly short, but varying lengths of time whilst they attend courses at the Language School in Bury.

If you would like more information then contact Suzie on 0785 140 8658

## The Metcalfe Arms



It may be because we live next door to the Metcalfe Arms, but my personal experience is that whenever two or three Hawsteaders are gathered together, the conversation eventually comes round to the pub. Come to think of it, they don't have to be Hawsteaders, for the talk to go that way!

The strange thing is that, although it's been closed for many months now, no-one I talk to seems any the wiser about its future. What I mean is, its current ownership appears a mystery: and following from that, there seems to have been no conversation between the owners and the village. Now I think that's a bit discourteous – but then I

suppose the owners might conclude that the village can't be interested in the pub if they don't support it enough to make it a going concern. (Not that Nigel and Anne gave that as a reason for leaving).

So who does own the Metcalfe Arms? I was told some time ago that it is Oxford Inns & Hotels – but then someone else said that they had gone out of business and the assets were in the hands of receivers. Not so according to their website. Strangely though, none of their properties looks like an ordinary village pub: their hotel portfolio includes the Suffolk Hotel at Fornham St Genevieve. So I may have the wrong company.

Curiously enough, in this month's 'What's Brewing' (the Campaign for Real Ale newspaper), there's a piece about a pub in Yorkshire which has been regularly included in the annual CAMRA 'Good Beer Guide', saying that it has closed: a local resident is quoted as saying: "Here we have a popular pub which supplied a good variety of local and national ales. Yet *no-one seems to know who owns it or what their plans are*" (my italics).

What I'm getting at is, if I were an enterprising sort of person\* and I passed by the Metcalfe and noted that it was closed – but looking good – who/where would I go to find out more about it and what the chances were that I might be able to do something about it?

Andy Parrett

\* (I'm not)

## The Metcalfe Arms - Postscript

The Parish Council are in touch with the owners and there may be some news soon – keep your fingers (and toes) crossed! Ed.

## Passion Flowers – The Name and The Legend . . . . .

### How did the passion flower get its name?

"Passion" does not refer to love, but to the Passion of Christ on the cross. In the 15th and 16th centuries, Spanish Christian missionaries discovered this flower and adopted its unique physical structures as symbols of Crucifixion. For example: the radial filaments which can number more than a hundred and vary from flower to flower represent to some the halo around Christ's head and to others the Crown of Thorns. The ten petals and sepals represent the ten faithful apostles. The top 3 stigmata represent the 3 nails and the lower 5 anthers represent the 5 wounds. The tendrils resemble the whips used to scourge Christ and the lobed leaves look similar to the clutching hands of the soldiers.



The tendril resembles the whips used to scourge Christ and the lobed leaves look similar to the clutching hands of the soldiers.

### The Passion Flower Legend

The story relates that in 1609 Jacomo Bosio, a monastic scholar, was working on his extensive treatise on the Cross of Calvary, when an Augustan friar, Emmanuel de Villegas, a Mexican by birth, arrived in Rome.

He showed Jacomo Bosio drawings of a wonderful flower, 'stupendously marvellous', but Bosio was unsure whether or not to include these drawings in his book to the glory of Christ, fearing that they were greatly exaggerated. However, after receiving more drawings and descriptions from priests in New Spain and assurances from Mexican Jesuits passing through Rome that these astonishing reports of this lovely flower were indeed true, and when finally he saw drawings, essays and poems published by the Dominicans at Bologna he was satisfied that this marvellous flower did exist.

In Peru, New Spain and the West Indies the Spanish descendants still call it the 'Flower of the Five Wounds'. Bosio observed that the bell shaped flower took a long time to form, then after staying open for just one day, it closed back into the same bell shape as it slowly faded away. He wrote, 'It may well be that in HIS infinite wisdom it pleases HIM to create it thus, shut up and protected, as though to indicate that the wonderful mysteries of the cross and of HIS passion were to remain hidden from the heathen

people of these countries until the time preordained by HIS highest Majesty'.

Bosio's passion flower shows the crown of thorns (corona filaments) twisted and plaited, the three nails (stigma) and the column of the flagellation just as they appear on ecclesiastical banners. He writes that the insides of the petals are tawny in Peru, but in New Spain they are white tinged with rose-pink, the crown of thorns having a blood red fringe, suggesting the 'Scourge with which our blessed LORD was tormented'. The typical passion flower has five sepals and five petals, which are almost identical to the sepals. Immediately inside these is a structure with a shape found in no other flower. He describes 'the column [androgynophore] rising in the centre of the flower surrounded by the crown of thorns, the three nails at the top of the column. In between, near the base of the column is a yellow colour in which there are five spots or stains [stamens] of the hue of blood evidently setting forth five wounds received by our LORD on the cross.

The colour of the column, crown [ovary] and the nails is clear green and the crown is surrounded by a kind of veil of very fine violet coloured hair. There are seventy two filaments (corona filaments) which, according to tradition, is the number of thorns in the crown of thorns set upon Christ's head. 'The abundant and beautiful leaves are shaped like the head of a lance or pike like the spear that pierced the side of our Saviour, while the underside of the leaf is marked with dark round spots signifying thirty pieces of silver', that Judas was paid to betray Christ.

### Rosie Greengrass

#### **Alfred Dawson**

*As most villagers will be aware by now, Alf Dawson from Pinford End died suddenly on Monday 9 February.*

*Alf and Nancy moved to Pinford End in January 1988 and have lived happily amongst you all, participating in village life and enjoying their retirement.*

*Nancy and her 3 sons Alf, Dave and Alan would like to thank all neighbours, friends and everyone who knew Alf for their kind messages and support during this sad time.*

*Thank you to everyone who donated towards the £450 + collected for the A & E Department at the West Suffolk Hospital.*

#### **Dave and Sandy Dawson**